

Prospect Road Community Centre
Drop-In Program Prices – As of September 2026

Program	Drop-In Price
Chair Yoga (Monday)	\$12
Chair Yoga (Wednesday)	\$12
Photography	No Drop-In
Kids Pickleball (ages 8–12)	No Drop-In
Youth Pickleball (ages 13+)	No Drop-In
Yin Yoga	\$12
Fit 4 Life (Tuesday)	\$12
Taekwondo (ages 6–8)	\$12
Taekwondo (ages 4–5)	\$12
Spin	No Drop-In
Rise & Grnd	\$14
Barre	\$12
Yoga (Sunday Morning)	\$12
Grnd Bootcamp	\$14
Line Dancing	\$14
Water Color (ages 11–14)	No Drop-In
Acrylic (ages 8–10)	No Drop-In
Kettlebell Circuit	\$12
Parent and Baby Yoga	\$12
Co-ed Volleyball	\$12
Children's Ball Hockey (ages 5–6)	\$12
Children's Ball Hockey (ages 7–9)	\$12
Cardio Kickboxing	\$12
Fit 4 Life (Wednesday)	\$12

Prices subject to change..