

Prospective

Volume 23, Issue 1, SPRING 2019



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News from the ROC Executive Director

By Shirley Jollimore

What an incredibly busy fall and winter in the Prospect Communities! The Resource Opportunities Centre Board and staff want to extend congratulations to our neighbours in Terence Bay, for the successful acquisition of their Community Hall. They've held some wonderful events already, with lots of plans underway for more!

While the hall has been used for decades by the community, it's great to see its future rests in the hands and hearts of the people directly invested in its success and development.

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PRCC:

Prospect Road Community Centre
2141 Prospect Road
Hatchet Lake, Nova Scotia B3T 1S1
Fax: 902 852 2867
Email: info@prospectcommunities.com
Visit us at: www.prospectcommunities.com

Front Desk

Monday - Friday 8:30am - 10:00pm
Saturday & Sunday 8:00am - 9pm

Fitness Centre

Monday - Friday 6:00am - 10pm
(6:00am - 8:30am Existing Members Only)
Saturday - Sunday 8:00am - 9:00pm
Please see attached program flyer for seasonal/holiday hours

Contact Us



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RESOURCE OPPORTUNITIES CENTRE

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- » Shirley Jollimore- Executive Director (*Ex Officio*)

About Our Advertising:

The advertisements and community articles printed within this publication in no way reflect the views of our organization.

Paid advertising allows the ROC, a not for profit, community development organization, to offset some of the production costs of the publication, and allows us to connect the Prospect Communities from Goodwood to West Dover and beyond.

Community articles, of a non-advertising nature, are accepted free of charge and supports our vision, mission and strategic plan.

Please reach out to admin@prospectcommunities.com to be added to our community organization list or advertising list to ensure you are notified of future opportunities.

News from the ROC Executive Director (...Continued)

Over the past few months there have been several meetings of representatives from local community based organizations. This semi-monthly gathering is dubbed The Prospect Communities Round Table, and we welcome any local organization to the table. The purpose is information –sharing, promotion of activities and events, and we hope, fostering relationships that may lead to successful partnerships between organizations. Through this group, the ROC has been piloting a community calendar through www.prospectcommunities.com. Our March meeting featured a presentation by HRM Community Developer Bronwyn Mackinnon on recruiting and retaining volunteers!

We will meet again in May at the PRCC, and suggestions for presentations or guest speakers are welcomed. If you'd like to receive reminders about the Round Table in order to have someone from your organization attend, please contact the email above to be added to the list!

Transportation is a topic that comes up at nearly every community gathering, and certainly invokes a lot of conversation on our local social media pages! One of the ROC's strategic goals as a board is to investigate the possibilities of community-based transportation options for the Prospect Communities. Our plan is to apply for funding for a feasibility study through the NS Trip program this spring - we're

waiting for the applications to open as we speak! That's the first step in the process: market research and inquiry conducted by a neutral third party contractor, to evaluate the support that exists for community-based transit and what might be possible in the community. If we're successful in this application, there would be a professional contracted to conduct the study, which would need to include significant community consultation. A final report would be drafted, and it would be used to instigate a business planning process and advocate for transportation options for the Prospect Road area.

The ROC has been through this process once before. What we learned is that community support will be critical at every step of the journey. Where successful community-based transit options have been implemented elsewhere, there has been evidence to prove that there is sufficient user and volunteer support to operate such a system. As well, during the feasibility study itself, it is really important that the community contributes to the conversation, so that solid recommendations come out of the study that will meet the needs of those who want a transit option. Plainly stated, your voice will be needed to help determine what, if any, transit opportunities exist for our community, and volunteers will be required to move any transit options forward. Whether that's a door-to-door, pre-booked community transit program

similar to BayRides, or advocating with our municipal government for the establishment of transit link routes similar to Tantallon or Sackville, the ROC views itself as a guide in this process, looking to see what options garner community support. If there is an appetite to move forward, our role would be to bring those passionate about transit together to develop a plan to proceed. Once the application for the feasibility study is submitted, it would likely be early fall before a decision is reached and communicated. We'll keep the community informed via our social media channels and our website, and ensure any decision is shared with you as soon as it's received.

You'll find lots of great information in these pages about upcoming programs at the PRCC and other happenings in our communities. We're looking forward to a very busy spring and summer here in Prospect, with the expansion of some of our community meal programs and of course Season 3 of our Farmers' Market. Read on, and mark your calendars! *Happy Spring!*



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HALIFAX RAGGED LAKE COMPOSTING FACILITY COMMUNITY LIAISON COMMITTEE

The Ragged Lake Source Separated Organics Composting Facility at 61 Evergreen Place (Facility) is owned by the Halifax Regional Municipality and is operated by AIM Environmental Group (AIM). In the operation of the Facility, both the Municipality and AIM strive for the Facility to be a good neighbour in the community.

The Facility itself has been designed to minimize potential operational impacts such as odour, noise, dust and traffic. While the Municipality is currently evaluating future long-term options for managing its organic waste materials, it is important the existing Facility be operated safely, compliantly and efficiently; all while minimizing impacts to residents and other stakeholders.

Both the Municipality and AIM recognize the value of residents', businesses' and the general community's participation on Committees and have established a Community Liaison Committee (CLC) to allow for information transfer related to the on-going operations of the Facility. This Committee provides a forum for mutual distribution, consultation, review and exchange of information regarding the operation of the Ragged Lake Composting Facility, including processing of materials, environmental monitoring, maintenance, and complaint resolution.

As with all advisory committees within the Municipality, the CLC does not have the authority to commit the Municipality's resources or direct the work of municipal or contractor staff. The CLC acts in an advisory role to the "proponent", which for this Facility is AIM, in partnership with the Municipality who is the Facility and property owner.

The CLC is made up of seven representatives from the local community, HRM and AIM. Current CLC Members are:

Public: Maureen Yeadon, Frank Johnston and Bob Dooley

HRM: HRM Councillor Steve Adams and Krista Flanagan

AIM: Dennis Perlotto and Darren Evans

The CLC meets quarterly and documentation related to the CLC can be found at the following link:

<http://aimgroup.ca/en/community-liaison-committee-documents/>

To contact any member of the CLC and/or to provide feedback regarding the facility and its operations to AIM Environmental Group, the Municipality, or the CLC, please email to raggedlakeclc@aimgroup.ca or call 902-876-5185.

Outdoor Multi-sport Court

The outdoor multi-sport court is finally ready for use!

This court has been a long time in the making as one of the phases of the original master plan created in partnership with the original Prospect Road Community Centre Steering Committee, Prospect Road Recreation Association (PRRA) and HRM.

In addition to funds remaining from the original construction phase and dedicated to the sport court project, ongoing contributions from the Prospect Road Recreation Association (PRRA), and additional funding secured by the Resource Opportunities Centre from the Nova Scotia Department of Communities, Culture and Heritage with support from the PRRA our local councillor and MLA, the project was finally ready to move forward. The court was completed in early November and is considered part of HRM capital assets, to be maintained by Parks and Recreation.

The court is enclosed with fencing for safety,

as it is adjacent to the parking lot, and hosts five basketball nets, and two courts painted for pickleball. While it is not quite large enough for regulation tennis, it could be used for tennis or other racquet sports provided there aren't other users on the court.

The court is a bring-your-own-equipment space; there are no balls or racquets available from the PRCC. In the coming weeks, there will be portable nets secured in a locked storage unit next to the court. The key will be available from the front desk of PRCC during regular business hours, and the key needs to be signed out with proof of identification and returned before closing. Nets must be replaced after use, secured in their bags, and the key returned. The nets were part of the grant funding, with no replacements immediately available if they are lost or damaged. If another group comes behind you to use the court, a player from that group will need to sign out the key behind you. The last name on the sign-out will be considered responsible for the key and the nets. We don't recommend passing



the key over without proper sign off. The court is a shared space, and the intent is that sports are played simultaneously. There is a 20-minute play limit if others are waiting to use the court so please judge your timing accordingly, or join efforts and play together!

The court is open in daylight hours only; the parking lot lights don't provide sufficient visibility to be safe for play after dusk. We're seeing lots of use already with the basketball nets this spring, and look forward to continued use of this great new recreation asset!

PSST! WE'VE GOT A NEW MEMBER!

FARMERS' MARKETS OF NOVA SCOTIA COOPERATIVE

proudly welcomes the Prospect Communities Farmers' Market as our newest member! With 28 markets and growing, visit us at farmersmarketsnovascotia.ca for information, resources, and much more!

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PRCMBA Presidents Message

The snow is starting to melt and we can almost see the grass. That must mean it's time for baseball! The Prospect Road and Communities Minor Baseball Association (PRCMBA) is excited to provide you updates and information on the upcoming 2019 season. On behalf of the entire PRCMBA executive, a big thank you to outgoing President Kim MacDonald and Vice President Lisa Leblanc for all they have done to support this organization. Welcome back to our returning players and welcome to our new players!

PRCMBA will provide baseball programming throughout the summer to youth in our community from ages 5-18. Registration is now open for all age groups and information is available at our new website www.prcmba.ca. There will also be in person registration April 1, 3 and 10th at the PRCC from 6pm-8pm. PRCMBA will be hosting free conditioning camps to stretch out the arms and legs after a long winter starting in April at the PRCC (dates and times to be determined). We're hoping to see as many current and future Mariners out as possible! The work you put in off the field in April/May will translate into on the field success in June.

Off the field, you will see an upcoming Auction and Dance on April 13th at the PRCC starting at 7pm. This is being held to help raise funds for batting cages and other related equipment for the upcoming season. If you have something you would like to contribute or would like to attend the event check out the details at <https://www.eventbrite.ca/e/prospect-mariners-auction-dance-tickets-57928683251>. We hope to see you there! The dance will also host a silent auction with some pretty great items up for bidding from local and corporate businesses. Additionally, you can visit our new webpage or contact Fundraising Coordinator, Angela Burke at angelasms@bellaliant.net to get more information on the other sponsorship and fundraising opportunities we offer. A big thank you to our ROC, PRRA and Counsellor Steve Adams for the support they have provided to date.



Finally, we would like to extend an invitation to everyone in the community to come out and support our teams. The Prospect Road and Communities Mariners are YOUR Prospect Road and Communities Mariners! Being one of the few sports options for our community's kids to participate in and play in front of their family, friends and neighbors just a few minutes from their homes. We would like to see everyone out at the field this summer to cheer on our teams! The Mariners are very competitive at a number of levels and what better way to spend a warm summer evening then watching our kids compete! You can now follow PRCMBA on twitter (Prospect Rd Mainers Baseball) and Facebook (PRCMBA) social media. Home Games are hosted at either Bill Zink Field or behind the Brookside Junior High. Drop by and cheer on the team – we hope to see everyone there this summer!

Sincerely,

David Dezagiacomo
President PRCMBA

Have you ever thought
about going back and getting your
GED?



Our class at the PRCC is sponsored by the Dept of Labour and Advanced Education and run by the Western HRM Community Learning Network.

This small class is taught on an individualized basis so you can start at any time and work only on your specific needs towards your own goals. The program is completely FREE!

We can assess where your strengths and weaknesses are and focus just on the skills you need to get to your goal.

Yes, there will be homework--but the homework is selected to meet your needs not an entire class' agenda. You get it, you move forward--if not--you review. We can help you if you want to help yourself. The class is on Monday from 6-9pm

Call Coordinator Deborah Ratcliffe at 225-6320

The Prospect Communities Farmers Market

Season 3 – Sprouting Sunday, June 2nd

The Farmers' Market is back this June at the Prospect Road Community Centre! We've been busy over the winter months consulting with the vendors from previous seasons, the Spryfield & District Community Market and many experts in the farmers' market world, and we're so excited to fill you in on our plans for season 3!

New Time – Same Place!

Last year, market guests told us that they would like the market to start a bit earlier; this year the market will operate from 10:30am-1:30pm, every second Sunday, in the PRCC's multi-purpose room. If you're an early riser, have no fear, the Kitchen Window Café will begin serving breakfast and brunch an hour ahead of the market at 9:30am, giving you the chance to fill your belly and caffeinate accordingly before the market opens.

Additionally, based on guest and vendor feedback, we have decided to delay our opening until early June to ensure that our produce vendors have an adequate amount of fruits and veggies for our hungry community and we will continue to operate every second Sunday until the end of October.

We also continue to maintain our strategic partnership with the Spryfield & District Community Market, operating on opposite Sundays. We encourage you to visit with our neighbouring market during our off weeks.

Vendors

This year we have ambitious goals – to grow both our vendors and guest attendance by 50-100%. Many of our previous vendors have committed to return this season, including our anchor vendors Higbee's Berry Farm (various fruits, veggies, blueberry plants and Cindy's homemade fudge), Mount Denson Blueberry Farm (various berries, fruit, jams, jellies, honey products, eggs, meat) as well as Prospect's own Edible Earth Farm (various salad crops, root veggies & herbs). We're happy to announce that Taproot Farm will return to the Prospect Communities as an official vendor as well.

We're actively recruiting vendors for season 3, so if you know a vendor that we should connect with; please reach out to us at farmersmarket@prospectcommunities.com.

What to Expect

As a new member of the Farmers' Markets of Nova Scotia Cooperative, we have made a commitment to sell only the highest quality local products and we adhere to a "make it, bake it, grow it" policy. At each market we strive to achieve the right mix of vendors; 80% traditional farmers' market vendors (produce, meat, eggs, baked goods, prepared foods etc) and 20% handmade, handcrafted items.



Our café area will also provide space for local musicians, providing entertainment and a wonderful atmosphere as you shop, brunch or people watch. Grab brunch from the Kitchen Window, some sweet treats, hot butter chicken or samosas, grab a seat for you and your neighbor and relax and enjoy.

There will also be opportunities to take in a workshop or two. Stay tuned to our social media accounts for more information.

What Your Support Means To Us:

Our goal is to provide an opportunity for residents to connect and develop relationships with vendors, improve/increase the community's access to locally grown and produced items and provide a social opportunity to reduce isolation especially for our more vulnerable populations.

Every second week our vendors travel from various locations throughout the province, some from the Prospect Communities, many from much farther away. Visiting our market means that you have supported a local farmer, producer, maker and the ROC – the not for profit organization that operates the Farmers' Market and Prospect Road Community Centre, and in many cases an employment opportunity.

By visiting the Prospect Communities Farmers Market you become part of a movement of people: producers, volunteers and community members, who are working toward a healthy, sustainable, local food system.

Stay tuned to our website www.prospectcommunities.com and our various social media accounts for additional details and market news as we get closer to our launch date.



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WRJEM Western Region Joint Emergency Management Organization Update



A community information meeting was held in November 2018 to discuss plans to develop evacuation plans for communities along the Prospect Road and within the Western Region. Most who attended the meeting understood the importance of establishing evacuation plans and HRM EMO (Emergency Management Organization) requires this information in the event our communities need to be evacuated due to a disaster, such as forest fires, flooding, or any other natural or man-made disaster.

We are in the infancy stages of this work. We have begun gathering information from communities and will start working to get this up and running within the next couple of months. One of our JEM team

members has been busy reviewing data for the Greenwood Heights subdivision in the Timberlea area. Several other members will be reaching out to a couple communities along the Prospect Road over the next few weeks. Stay tuned for updates in the coming months. We will also be hosting an information session on May 3 at the PRCC from 5:00 to 6:30 to kick off Emergency Preparedness Week. JEM volunteers will be on hand with information on "How To Be Prepared In an Emergency" so please stop by and browse the information and chat with our volunteers.

We are always looking for community-minded people who want to make a difference in the communities you live in and love. We meet on the second Wednesday of every month from 6:30 -8:30 at the PRCC. If you are interested in joining our organization please contact Chair Melanie Scholten at melaniejscholten@gmail.com

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Terence Bay and Lower Prospect Come Alive with Community Spirit!

These Things Matter

For years the communities of Terence Bay and Lower Prospect have been a-buzz with vibrant activity aimed to support not only the interests of community residents, but to preserve and honour the culture and heritage of our seaside gem. A collective of community groups like the SS Atlantic Heritage Society, the Terence Bay Lighthouse Committee, St. Paul's Church, the Terence Bay Playground Committee and the Terence Bay Community Hall Association have been working tirelessly for the values they hold dear spanning in some instances decades – all with a purpose to steward and serve the community they are part of.

Finally, we're now seeing that hard work pay off like never before.

Atlantic Memorial Terence Bay School – Terence Bay Site: phase two work on the building concluded this winter – we're now only flower boxes and beautiful new signage away from the exterior upgrades being complete on this important community landmark. The small school site offering small split-size classes is finally shining as bright on the outside as it is on the inside!

The generations of proud residents living in the area and students attending the site alike are elated to see the building restored, and appreciate the province's favourable response to our call of support for this project as a worthy investment in rural communities.

Terence Bay Playground – Coming Soon! The small but mighty committee of parents and community members (along with some village little ones) were incredibly active in hosting various fun-filled community events that served to hands-on fundraise over \$10,300 over an eight month period last year. These efforts were largely supported by the community with donations of time and treasure. Without them, this would not have been made possible.

A huge shout out to Grade 9 BJHS student, Landon Hurshman, for his thoughtful donation of a financial gift from his school entrepreneur fair toward these efforts, all for the well-being of our children. THAT's true community spirit!

The committee has also been successful to date in securing \$10,000 in grant funding for the project. Additional provincial and municipal funding options are also being explored to support a new playground that students attending the Terence Bay site of AMTB school helped to inform! We know whole heartedly that the children will be super excited to see the build get underway this fall.



Terence Bay Community Hall (TBCHA) – in the spring of 2018 a newly elected board of directors took on the colossal task of applying to the municipality to take over ownership of the former Terence Bay Fire Hall. We are proud to share that in November we celebrated the municipality's announcement of the building to the TBCHA to care for and steward as a community gathering space well into the future. The board is busy now developing policy, applying for infrastructure funding, improving space efficiency and delivering on programming that's been identified as relevant by the community, with plans to expand and grow what's offered in the space through volunteer engagement. If you are interested in rolling up your sleeves and having fun while serving your community, drop us a line at tbcha2018@gmail.com.

The Terence Bay Lighthouse Committee – our heritage light in Sandy Cove saw its long overdue upgrades finally complete when the installation of her new cupola landed in mid-December after she was repaired over the fall. Residents beamed with pride as bright as her light.

There's no question that those living in Terence Bay and Lower Prospect are proud and spirited, strong and committed. They, and those who stand with us don't hesitate to put their hand to the plough and step up in support of community and each other, and the causes they believe in.

All of these things matter, because people believe they do. The tides have shifted from loss to hope, negative to positive, impossible to possible. It's all up from here.

Cindy Jardine

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Learnings from Kennedy Schofield's Recent Wills Workshop at the Prospect Road Community Centre

By Charlotte Edwards and Amanda Lutz

Kennedy Schofield Lawyers recently partnered with the Prospect Road Community Centre to deliver a workshop to community members about Estate Planning. Charlotte Edwards and Amanda Lutz, Associates of the firm, presented on Wills, Powers of Attorney and Advanced Health Care Directives. Charlotte and Amanda responded to many questions and below are some of the responses that surprised people the most;

Q: If I do not have a Will, will my common-law partner get everything?

A: If you do not have a Will the Intestate Succession Act applies and it lists who inherits from your Estate, in order of priority. A common-law partner is not listed in the legislation and they do not fall under the definition of a spouse in this provincial Act.

Q: Should both my kids be my Executors?

A: Generally making two people co-executors can pose problems as they both need to sign all documents, and need to be able to work together. If you are concerned about not naming both kids, you can always list one as an alternate Executor. Being an Executor is a lot of work. No child will stay mad for long once they see what is involved.

Q: Is a Power of Attorney and Executor the same thing?

A: A Power of Attorney is appointed by you and has the ability to act on your behalf and make financial decisions, as prescribed in the document, while you are alive. An Executor is appointed under your Will and carries out your last wishes once you are deceased.

Q: I have a Will from another country, will it work here?

A: Wills are governed by provincial law. A Will drafted in another province or country should be reviewed by a lawyer to ensure it meets the legal requirements in Nova Scotia. It is important for your Will to be current. If there have been life changes, like a move of province or country, you may need to meet with a lawyer to ensure your Will reflects your last wishes.

Note of Thanks: Charlotte and Amanda would like to thank members of the Prospect Road Community Centre for their collaboration to run a successful workshop.

About the Authors: Charlotte Edwards and Amanda Lutz are Associates at Kennedy Schofield Lawyers. Where possible, they provide mobile services to meet you at a location and time convenient for you. For legal advice on your specific matter, you can contact us at 902-826-9140.

This article is meant to offer basic legal information and should not be relied upon for legal opinion. If you are uncertain about a particular situation, it is always best to seek the advice of a lawyer.



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Prospect Road Crafters' Market - 10 Years Strong & Still Crafting!

The Prospect Road Crafters' Market planning committee is hard at work planning their tenth...yes 10th Crafters' Market! This year's market will take place on October 19th at the Prospect Road Community Centre from 10am-4pm and we're hoping to make it a little extra special – not an easy feat after last years' successful event which brought approximately 1500 guests to the show!

Vendor applications will open this spring; interested crafters should stay tuned to the Prospect Road Crafters Market Facebook page or the website at www.craftmarket.prospectcommunities.com for additional information.

We're looking for volunteers! Many hands make light work and lead to a successful event. Join our organizing committee or help out with one of the tasks leading up to the event such as table set up, goodie bag making, tear down etc. Reach out to us via email at craftersmarket@prospectcommunities.com if you would like more information about our volunteer opportunities.

We're very excited to be celebrating such an important anniversary – we hope you will join us in October to mark the occasion!







Prospect Road Community Garden

Located at the **Prospect Road Community Centre** are twelve garden beds. They are maintained by community residents and volunteers, providing places for growing local, healthy and affordable foods. Community gardens encourage self-reliance and social interaction, bringing you closer to the community while meeting neighbours. The garden provides an opportunity for recreation and exercise, all while producing nutritious food.

The garden beds are located within a fenced in area and a water tap, hose, composter, and shed are available for storage of equipment. Garden season typically opens in May through harvest time up until October and beds are available for use for a plot fee of \$30 per season.

The members come together to meet a minimum of twice per year; at the opening and closing of the gardening season. The meetings allows members to share and learn tips on planting, harvesting and other gardening techniques shared from their fellow garden members.

If you are interested in volunteering or joining our community garden, please contact the PRCC for garden registration information. Existing members please let the committee know if you will be returning by emailing garden@prospectcommunities.com as soon as possible.



Prospect Communities Farmers Market Workshops & Information Sessions

**Food Waste Reduction Info Session with
FOUND Forgotten Food**
Date: July 14th, 2019
10:30am – 12pm

Learn about ways to reduce food waste at home and in your community - Do you have leftover produce at the end of a market day, an abundance of food the end of a season that's about to spoil, or some veggies in your field that your harvester didn't pick up? FOUND Forgotten Food is a volunteer group that wants your leftover produce with the goal of reducing food waste in Nova Scotia.

Fermentation Basics
September 22, 2019
10am - 12pm

In this workshop learn the basics of fermentation, why to ferment and the nutritional benefits. Time will be available to ask your questions about fermentation as well! Enjoy a hands-on demo and take home a jar of something you've made to share with your family & friends!

An additional fee will apply for workshop supplies



All workshops take place at the
Prospect Road Community Centre
2141 Prospect Road, Hatchet Lake.

Workshop & Info Session fee is \$5.00 per person - registration is required.

To register, call the Centre at 902-852-2711

What's Cooking in the PRCC Kitchen?

If you haven't yet had the chance to check out a community meal at the Prospect Road Community Centre there's no time like the present! From pulled pork sandwiches, Mac & Cheese, fish cakes with baked beans and everything in between, the kitchen team creates exciting menu options that are hearty, homemade and of course, DELICIOUS!

There are so many meal options to try; how can you choose? All of our meal operate on a suggested donation or pay-what-you-can model and gluten-free and take out options are always available.

Friday Feast

Served on the first Friday of every month, this community meal offers an opportunity for community members of all ages to come together and enjoy a social event while sharing a delicious meal. Served from 5-6:30pm, there are options to eat-in or take-out, all for a suggested donation of \$7.00 or pay-what-you-can.

Friday Feast has seen some great successes over the past year, bringing back some favourite menus and trying some new ones along the way. Two of our crowd favourites include our Chinese menu, jammed packed with flavour and of course, homemade egg rolls, and our Turkey Dinner hosted in December, which served over 200 community members this year.

Lunch & Learn

Have you heard? We're EXPANDING! Lunch will now be available every Thursday at the PRCC. With thanks to the New Horizons for Seniors Grant Program we are now able to offer a weekly lunch along with some new workshops, information sessions and more!

What began as a small lunch offering with a physical activity and technology component many years ago has truly grown into yet another social event for our community members to come together and share a hearty meal.

The expansion of our Lunch & Learn program to weekly meal compliments our already established programming (Pickleball, Washertoss, Line Dancing, etc). Service for lunch begins at 12pm, with a suggested donation of \$5.00 or pay-what-you-can, and whether you are on your way to Washertoss at 1pm or just finishing an intense game of Pickleball, you can grab a quick bite to eat before or after your next activity.

Below is our Spring schedule for Lunch & Learn and outlines the activities available before and after lunch time. Some activities are included in the Lunch & Learn donation and some are available for an extra fee:

Spring Schedule - Thursday Activities				
Date	Pickleball 10am-12pm	Washer Toss 11am-12pm	Washer Toss 1-3pm	Technology Help
April 25	✓	✓		✓
May 2	✓		✓	
May 9	✓	✓		✓
May 16	✓		✓	
May 23	✓	✓		✓
May 30	✓		✓	
June 6	✓		✓	
June 13	✓	✓		✓
June 20	✓		✓	
June 27	✓	✓		✓
Extra Fees apply for Pickleball and Washer Toss (when scheduled from 1-3pm) - \$3.00 per person, per activity. Washer Toss from 11am-12pm and Technology Help is included in the Lunch & Learn program and your donation made at lunch time.				

Savour Saturday

We've wrapped up our first season of Savour Saturday's and what a great time was had by all! This adult-only event included a meal, live entertainment and cash bar all for \$10.00 or pay-what-you-can. We hosted 6 events, from September to March, and are already looking forward to next Fall & Winter when we can bring back the fun.

Local musicians brought the heat to our dance floor and we are thankful for their support. Many volunteered their time or offered lower fees to ensure our event could remain accessible for our community members to attend and for that we are truly appreciative!

These meals and events would not be possible without the dedicated work of our Community Meal Coordinator and volunteers, all of

whom go the extra mile to make these events a welcoming and inviting celebration of community. Meal prep, service and clean up appear to be a breeze with these passionate people taking the reins to provide such amazing offerings to our community.

As we continue to grow our community meal offerings, our need for community volunteers also increases. If you are interested in joining the fun, please reach out to Jessica Morrissey - Programs & Events Manager at jessica@prospectcommunities.com. This is a great way to get involved without a huge time commitment - shifts are generally once or twice per month, for 2-3 hours.

We hope to see you at our next community meal - bon appétit!



**Registration begins for
Spring Programs
Monday, April 15 at 9am.
Register by phone or simply stop by!**
****Registrations will not be taken via voicemail****

Fitness Centre Information

*Prices are effective May 1, 2019

	1 Month	3 Months	6 Months	1 Year	10 Visits	20 Visits
Youth (Age 15-18)	\$43.00	\$101.00	\$165.00 \$31/mth	\$238.00 \$26/mth	\$36.00	\$54.00
Adult 19+	\$55.00	\$132.00	\$221.00 \$42/mth	\$326.00 \$32/mth	\$44.00	\$68.00
Senior 55+	\$43.00	\$101.00	\$165.00 \$31/mth	\$238.00 \$26/mth	\$36.00	\$54.00
Partners (2 adults, same address)	\$88.00	\$215.00	\$357.00 \$68/mth	\$516.00 \$53/mth		
Family (2 adults/ 3 youth)		\$359.00	\$469.00 \$86/mth	\$604.00 \$58/mth		

Birthday Party Options

Type of Party	Details - 2 hours total	Cost
Sports	1 hour play, 1 hour party	\$115.00
Dance	1 hour dance, 1 hour party	\$115.00
Bounce Castle	Basic castle	\$175.00
Bounce Castle	Slide castle	\$200.00

Contact us for full party details

Save the dates - You won't want to miss out!

❖ **May 1, 2019 - Before & After School + Preschool
Program Registration for 2019/20 and Summer Day Camp
Registration for 2019 begins!**

❖ **May 25, 2019 - Indoor Yard Sale**

❖ **June 2, 2019 - Farmer's Market Season 3 Opens; including
Breakfast & Brunch!**

**Stay up-to-date via our website for details as they become available for these
exciting community events!**

www.prospectcommunities.com

Soccer

<u>Age Group</u>	<u>Day</u>	<u>Time</u>	<u># of weeks</u>	<u>Price</u>	<u>Start Date</u>	<u>Dates Excluded</u>
3-4yrs	Tuesday	6-6:40pm	10	\$51	April 23	
	Thursday	6-6:40pm	10	\$51	April 25	

Basketball

<u>Age Group</u>	<u>Day</u>	<u>Time</u>	<u># of weeks</u>	<u>Price</u>	<u>Start Date</u>	<u>Dates Excluded</u>
Men's (19yrs+)	Thursday	7-8:25pm	11	\$72	April 18	

Floor Hockey

<u>Age Group</u>	<u>Day</u>	<u>Time</u>	<u># of weeks</u>	<u>Price</u>	<u>Start Date</u>	<u>Dates Excluded</u>
5-8yrs	Wednesday	6-6:40pm	10	\$61	April 24	
9-13yrs	Wednesday	6:45-7:25pm	10	\$61	April 24	
Men's (19yrs+)	Tuesday	8:30-9:55pm	11	\$72	April 16	
	Thursday	8:30-9:55pm	11	\$72	April 18	

Dance

<u>Class Title</u>	<u>Age Group</u>	<u>Day</u>	<u>Time</u>	<u># of weeks</u>	<u>Price</u>	<u>Start Date</u>	<u>Dates Excluded</u>
Ballet & Jazz	3-4yrs	Wednesday	5:30-6:15pm	10	\$51	April 24	
Hip Hop	5-7yrs	Wednesday	6:15-7pm	10	\$61	April 24	
Hip Hop	8-10yrs	Wednesday	7-7:45pm	10	\$61	April 24	

Martial Arts

<u>Class Title</u>	<u>Age Group</u>	<u>Day</u>	<u>Time</u>	<u># of weeks</u>	<u>Price</u>	<u>Start Date</u>	<u>Dates Excluded</u>
Intro to Taekwondo	5-12yrs	Monday	6-6:45pm	8	\$45	April 29	May 20
Intro to Karate	6yrs to Adult	Wednesday	6:15-7pm	10	\$56	April 24	

Line Dancing

<u>Age Group</u>	<u>Day</u>	<u>Time</u>	<u># of weeks</u>	<u>Price</u>	<u>Start Date</u>	<u>Dates Excluded</u>
Adult	Thursday	10am-12pm	9	\$58	May 2	

Palette Knife Painting *NEW* - See website for full list of required supplies (not included)

<u>Age Group</u>	<u>Day</u>	<u>Time</u>	<u># of weeks</u>	<u>Price</u>	<u>Start Date</u>	<u>Dates Excluded</u>
Adult	Tuesday	6-9pm	6	\$140	April 23	

Adult Pickleball Drop-In

<u>Age Group</u>	<u>Day</u>	<u>Time</u>	<u># of weeks</u>	<u>Price</u>	<u>Start Date</u>	<u>Dates Excluded</u>
Adult	Wednesday	8:30-9:55pm	7	\$8.00 / drop in	April 17	

***This is a co-ed recreational drop-in program designed to introduce the sport of Pickleball. Some rackets are available for use on a first come, first served basis. Balls/nets provided.**

Fitness Classes – Visit our website for program descriptions and instructors!

<u>Class Title</u>	<u>Day</u>	<u>Time</u>	<u># of weeks</u>	<u>Price</u>	<u>Start Date</u>	<u>Dates Excluded</u>
Barre Fitness	Monday	5:30-6:15pm	7	\$49	May 6	May 20
	Thursday	6:30-7:15pm	9	\$63	April 25	May 2
Spin	Monday	6:30-7pm	7	\$63	May 6	May 20
	Tuesday	6:30-7pm	9	\$82	April 23	April 30
Kettlebell Circuit	Tuesday	5:30-6:15pm	9	\$63	April 23	April 30
Mobility *NEW*	Tuesday	7:15-8pm	9	\$63	April 23	April 30
	Saturday	9:45-10:30am	9	\$63	April 20	April 27
Total Body Circuit	Thursday	5:30-6:15pm	9	\$63	April 25	May 2
Spin & Stretch Combo *NEW*	Thursday	7:30-8:30pm	9	\$120	April 25	May 2
Taekwondo Fitness Age 13yrs to Adult *NEW*	Thursday	8:05-9pm	10	\$70	April 25	
Strength & Length	Friday	9:30-10:15am	9	\$49	April 26	June 14
Saturday AM Circuit	Saturday	9-9:45am	9	\$63	April 20	April 27

Yoga

<u>Class Title</u>	<u>Day</u>	<u>Time</u>	<u># of weeks</u>	<u>Price</u>	<u>Start Date</u>	<u>Dates Excluded</u>
Evening Yoga	Monday	7:15-8pm	7	\$57	May 6	May 20
Yoga for Strength	Wednesday	9:30-10:30am	10	\$76	April 24	
Supported Chair Yoga	Wednesday	10:30-11:30am	10	\$76	April 24	
Yoga	Friday	10:15-11am	9	\$73	April 26	June 14

Specialty Programs & Events

Restorative Yoga Nidra Workshop

Release tension and stress by learning the yoga practice for ultimate relaxation. Instructor Laurel Schut will lead you through a 60 minute restorative yoga practice followed by a 30 minute guided deep relaxation. Open to all fitness levels; no yoga experience necessary. If you've never practiced Yoga Nidra before, it's a good idea to bring a warm sweater, socks, eye pillow, and small blanket with you to keep warm and cozy.

Sunday, April 14
Sunday, May 5
Sunday, June 2

6-7:30pm - \$13.00 per workshop - Registration required

Teen Dances – Grade 6-9

The ROC is happy to be able to offer the youth of our community a social event every month at the PRCC! Students are required to show Student ID or Health Card as proof of age both at time of ticket purchase and admittance.

\$7.00 per student - Advance tickets only

Spring Teen Dance Dates:

April 26
May 24
June 21

These events are chaperoned by adult volunteers from our community!

Please visit our website for full event details, ticket purchasing procedures and more.

<p>Senior Washer Toss Social</p> <p>Come and play indoor washer toss! This social event includes a light snack, lots of laughter and some healthy competition. Spectators are always welcome.</p> <p>1-3pm - \$3 per participant</p> <p><u>Spring Washer Toss Dates:</u></p> <p>April 4 & 18 May 2, 16 & 30 June 6 & 20</p>	<p>Senior Pickleball Drop-in</p> <p>Pickleball, a racket sport played indoors on a badminton-size court, is designed much like tennis but is played at a slower pace with a few differences.</p> <p>Play at your own pace – make your own teams! All equipment is provided.</p> <p>Mondays, Thursdays & Fridays – 10am-12pm \$3.00 per participant</p>
<p>Indoor Walking Group @ PRCC</p> <p>Stop by the PRCC Gymnasium and take a long walk around the gymnasium - rain or shine!</p> <p>10 laps = 1 km!</p> <p>Tuesday, Wednesday & Friday 9am-10am \$2.00 or pay-what-you-can donation</p>	<p>Friday Feast - Community Meal</p> <p>Join us for our monthly Community Meal! Let us make you a nutritious, home-made meal – Enjoy it with neighbours, friends or family. Gluten-free, and take-out options are always available.</p> <p>A suggested donation of \$7 per person or pay what you can.</p> <p><u>Spring Feast Dates & Menus:</u></p> <p>May 3 - Pancake Breakfast for Supper! June 7 - BBQ w/ cold salads</p>
<p>Youth Sport Drop In</p> <p>BJHS students are invited use our gymnasium for unsupervised play during our Youth Sport Drop In 5 days a week for FREE!</p> <p>*Indoor sneakers required*</p> <p>Monday-Friday 2:15-3:15pm</p> <p>Excluded dates when the facility will not be available:</p> <p>April 4, 5 & 18 May 2, 3, 16 & 30 June 6, 7 & 20</p> <p>*additional excluded dates may arise*</p>	<p>Book Club at the PRCC</p> <p>Calling all Book Worms! The PRCC Book Club is accepting new members and would love to have you join the fun.</p> <p><u>Spring Meeting Dates/Books:</u></p> <p>April 28 - 7-8:30pm - Swing Time May 19 - 7-8:30pm - Commonwealth June - TBA</p> <p>Free books are available - contact Sheila Stanley for more information at 902-852-4993 or sstanley.fbc@gmail.com</p>
<p>Community Health Team - FREE Program Be Good to Your Gut</p> <p>Did you know good health starts in your gut? A healthy gut is at the core of overall wellness. Learn how your digestive system works, the role of your gut bacteria, and how to feed your gut for good health.</p> <p>May 8, 2019 1:30-3:30pm</p> <p>To register, call the CHT at 902-460-4560</p>	<p>Community Health Team - FREE Program Strengthening & Core Stability Workshop</p> <p>Learn and practice the basic techniques of an effective strength training program so that you can perform these exercises at home!</p> <p>June 5, 2019 1:30-3:30pm</p> <p>To register, call the CHT at 902-460-4560</p>
<p>Get your GED for FREE!</p> <p>This program offers individualized programming to help upgrade your skills in literacy and numeracy as you focus on obtaining a GED. Taught by certified, experienced teachers, this program offers continual intake and flexible work schedules. Classroom work located at the Prospect Road Community Centre - classes are ongoing, registration is open.</p> <p>To enroll or for more information call Deborah at 902-225-6320</p>	<p>Technology Help and Services</p> <p>The ROC is happy to offer technology help and IT services to the community.</p> <p>We are able to assist you with:</p> <ul style="list-style-type: none"> - Website development - Computer and technology problems and troubleshooting - Advertisement design - Social media assistance..and MORE! <p>Prices start at \$35.00 per hour - For more information or to book an appointment with our Technology Coordinator, contact Amy Hockin - 902-852-2711 or admin@prospectcommunities.com</p>

Before and After School Program

This program is open to all children in Grade Primary to Five. Transportation is provided for students attending Prospect Road Elementary, Atlantic Memorial Terence Bay Elementary and children attending school within the Conseil Scolaire Acadien Provincial for both our Before and After School program.

Hours:

Before School: 7am – 8:30am (children are escorted to school by program instructors via the Prospect Recreation Connector Trail or by bus for those students attending AMTB Elementary or school within the Conseil Scolaire Acadien Provincial)

After School: 3-6pm (children are picked up at appropriate dismissal time and escorted to PRCC by program instructors via the Prospect Recreation Connector Trail or dropped off by bus for those students attending AMTB Elementary or school within the Conseil Scolaire Acadien Provincial)

Afternoon snack is provided

Fees for 2019/2020:

1 child – Before Only - \$101.00/month

1 child – Afternoon Only - \$255.00/month

1 child – Before and After - \$329.00/month

** Multiple children and part-time pricing available**

Registration for 2019/2020 begins Wed, May 1, 2019

Lunch & Learn - We're Expanding!

With the support of the *New Horizons for Seniors Grant* funding we will now be offering **WEEKLY** Thursday lunches at the Prospect Road Community Centre!

The grant funding will also allow for us to bring in instructors, program leaders and experts to offer workshops before or after lunch on an occasional basis. This will bring opportunity for education, skill building and exposure to new activities!

The old favourites will remain the same:

Pickleball - 10am-12pm - Weekly
(extra fee applies)

Washer Toss - 11am-12pm - Bi-weekly
(included as part of Lunch & Learn)

Technology Support - 12:30-1:30pm - Bi-weekly
(included as part of Lunch & Learn)

Washer Toss - 1-3pm - Bi-weekly
(extra fee applies)

As additional workshops are booked, schedules will be released to notify participants. Workshops will be free to attend and lunch will continue to be a \$5 donation or pay-what-you-can.

See table to the right for the Spring schedule of regular activities; workshop schedule will be released soon!

Preschool Program

This program is open to children 2.5 years until school-age. Children must turn 2 years before April 1, 2019 and have started to show interest in potty-training.

Children will enjoy a structured play environment which will include learning opportunities that will prepare children for Elementary School. Our curriculum includes daily crafts, science exposure, music & circle time, fine & gross motor skill building, special events and holiday celebrations. Physical activity opportunities are also made available with both indoor and outdoor play. Program includes morning snack and all program materials.

Program runs from September 2019 – June 2020.

Hours/Days:

The program will run from 9am-12pm, daily, Monday to Friday. Participants have the option to register for full-time or part-time.

Fees for 2019/2020:

1 child - 1 day per week - \$70.00/month

1 child - 2 days per week - \$125.00/month

1 child - 3 days per week - \$181.00/month

1 child - 4 days per week - \$236.00/month

1 child - 5 days per week - \$291.00/month

** Multiple children pricing available **

Registration for 2018/2019 begins Wed, May 1, 2019

Spring Schedule - Thursday Senior Activities

Date	Pickleball 10am- 12pm	Washer Toss 11am- 12pm	Washer Toss 1-3pm	Technology Help
March 21	✓	✓		✓
March 28	✓		✓	
April 4	✓		✓	
April 11	✓	✓		✓
April 18	✓		✓	
April 25	✓	✓		✓
May 2	✓		✓	
May 9	✓	✓		✓
May 16	✓		✓	
May 23	✓	✓		✓
May 30	✓		✓	
June 6	✓		✓	
June 13	✓	✓		✓
June 20	✓		✓	
June 27	✓	✓		✓

Please note: Due to other events scheduled at the PRCC, we have scheduled afternoon Washer Toss twice in a row on March 28/April 4 and May 30/June 6; this is not an error.

Lunch will always be served at 12pm on Thursdays weekly and menus will vary.

Rentals

Room Rentals Available	Room	½ Room/hour	Full Room/hour
	Meeting Room	\$17.00	\$23.00
	Kitchen (without use of Centre supplies)	N/A	\$42.00
	Multi-purpose	\$28.00	\$49.00
	Gym – with equip.	\$33.00	\$53.00
	Gym – w/o equip.	\$30.00	\$50.00
	Art Room	N/A	\$23.00

The PRCC has many different rooms available to rent by the hour suited for a variety of events, programs or meetings.

*Prices are effective May 1, 2019

Wedding and Special Event Bookings

The Centre provides charming and well-kept event spaces. We have various special event and wedding packages available to make your celebration memorable and stress-free. All special event and wedding packages include rental of space, time for set-up, use of tables and chairs, licensed bar and event staff, along with the use of a private entrance. We have many enhancements available to improve your guests' experience, including use of a licensed kitchen, linens, decor items, special kitchen equipment, podium and various technology-related items.

Wedding Package - \$1150.00

Includes:

- Rental for 9 hours; up to 1:00am the day of the event.
- 4 hours set up the day prior to the event; if available.
- 3 hours tear down & clean up.
- 9 hours of Bar operations and bar staff - bar sales must fulfill a minimum of \$800.00
- Use of tables and chairs
- Use of Kitchen for storage only; use of kitchen equipment available at an additional cost
- Capacity of 220 people

Special Event Packages -

Includes:

- Rental for 6 hours; up to 1:00am
- 2 hours set up prior to event
- 5 hours of Bar operations and bar staff
- Use of tables and chairs
- Use of Kitchen for storage only; use of kitchen equipment available at an additional cost
- All packages include the same amount of event time, set up and usage.

Tier 1 Special Event Package - Up to 75 guests - \$250.00

Tier 2 Special Event Package - Up to 150 guests - \$400.00

Tier 3 Special Event Package - Up to 220 guests - \$550.00

For more information please contact Jessica - 902-852-2711 - Jessica@prospectcommunities.com

Gymnasium Banner Advertising

Take advantage of the most sought after area at the Prospect Road Community Centre by advertising on one of our available wall spaces in the gymnasium. Our gymnasium is open over 93 hours per week and gives your business exposure to a range of demographics through the various activities and rentals we host.

Prices starting at \$1046.50 (including tax, set up fee & design) - contact Amy Hockin for details at admin@prospectcommunities.com

Discounts of up to 20% are available for multi-media packages!

<p style="text-align: center;">General Policies and Procedures</p> <p><u>Payment</u></p> <ul style="list-style-type: none"> ➤ Payment is due upon registration for any program or upon booking for room rentals. ➤ Payment via credit card is required for all registrations made over the phone. ➤ Cash, cheque, credit and debit will be accepted for any registration completed in person. <p><u>Refunds</u></p> <ul style="list-style-type: none"> ➤ In the event that PRCC changes the day/time of any program from the original schedule a full refund or credit on account will be issued should the new day/time no longer suit a registrant's schedule. ➤ In the event that PRCC cancels a program, a full refund or credit on account will be issued for the full amount paid. ➤ In the event a program registrant can medically no longer attend a class or program a credit on account will be issued for the remaining number of classes with medical documentation. ➤ Refunds or credit on accounts will not be issued in the event a program registrant loses interest in the class or program. <p>For payments made by credit or debit, refunds must be issued to the card that made the original payment. For payments made by cash or cheque, refunds will be issued by cheque within a maximum of 2 weeks of the request for a refund.</p>	<p style="text-align: center;">Holiday Hours</p> <p style="text-align: center;">April 19 - CLOSED April 21 - CLOSED April 22 - Holiday Hours - 8:30-5pm May 20 - Holiday Hours - 8:30-5pm July 1 - CLOSED</p> <p style="text-align: center;">** Please ensure you check the excluded dates column next to your program.</p> <hr/> <p style="text-align: center;">Comments and Suggestions</p> <p style="text-align: center;">The ROC welcomes all comments and suggestions from community members. Do you have a new program you'd like to suggest or teach? Please contact Jessica – Program Manager Jessica@prospectcommunities.com</p> <hr/> <p style="text-align: center;">For more information, contact:</p> <p style="text-align: center;">Front Desk – 852-2711</p> <p style="text-align: center;">Shirley Jollimore – Executive Director executivedirector@prospectcommunities.com</p> <p style="text-align: center;">Jessica Morrissey – Program and Events Manager Jessica@prospectcommunities.com</p> <p style="text-align: center;">Amy Hockin – Operations and Finance Manager admin@prospectcommunities.com</p>
<p style="text-align: center;">Adult Sport or Fitness Class Drop-in Procedures</p> <p>If you wish to drop in to one of our many adult sport or fitness classes offered here at PRCC, please see below:</p> <ol style="list-style-type: none"> 1. Once the class has begun, the instructor/volunteer will take attendance and then announce how many spaces are available for drop-in for that particular night. 2. If you will be filling one of the spaces available, you must then pay our drop-in fee at the front desk. The front desk staff will provide you with a “proof of payment” ticket. 3. Present the “proof of payment” ticket to the instructor/volunteer and have fun! <p style="text-align: center;">All drop in spaces will be first come – first serve.</p> <p>We ask that you please respect these rules as each class has a set maximum for the safety of all participants.</p> <p style="text-align: center;">Fees:</p> <p style="text-align: center;">Strength & Length - \$6 Barre, Kettlebell Circuit, Total Body Circuit, Mobility, Taekwondo Fitness, Sat AM Circuit - \$8 All Yoga Programs & 1.5-hour Adult Sport (Floor Hockey & Basketball) - \$10 Spin - 30 minutes - \$10 Spin & Stretch Combo - 1-hour - \$15</p> <p style="text-align: center;">*Note: Drop-in's are not available for children programs.</p>	

Summer Day Camps 2019

These day camps will be open to all children in Grade Primary to Five (2018/2019 school year)

Monday to Friday - 8:30am-4:30pm

July 2 - August 30

Children will enjoy various daily activities including games, sports, crafts, art, outdoor play and much more!

Things your child will need for camp:

- Lunch and 2 snacks (peanut free)
- Water Bottle
- Sun Screen
- Bathing Suit/Towel (for sprinkler)
- Hat
- Change of clothes
- Sneakers

Fees:

\$129 per week

\$15 for 7-8:30am (Early Drop off)

\$10 for 7:30-8:30am (Early Drop off)

\$10 for 4:30-5:30pm (Late Pick up)

Each week will have a different theme which will be available online at a later date.

Speciality Summer Camps 2019

We also have plans to offer various Specialty Camps throughout Summer 2019, including programming for youth, technology camps and programs for all ages!

Details about these camps and programs will be available online at a later date.

Visit : www.centre.prospectcommunities.com or Prospect Communities on Facebook frequently for updates.

Registration for most Summer Day Camps will begin on May 1, 2019

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Timberlea-Prospect Constituency News- Spring 2019 Investing in Projects that Improve the Quality of Living in the Prospect Communities

I am proud to present the Prospect Road communities an update on the continued plan to invest in projects that have been enhancing infrastructure, promoting active living, and continuously improving the quality of living along our many diverse communities. After several months of knocking on doors, and engaging in conversations with residents over the summer and fall, I'm confident the programs our government is investing in and implementing, in addition to projects I have procured for our community, will benefit the safety, convenience, and overall quality of life within the Prospect Road communities.

Capital Investment in Roads

The increased volume of traffic heading in and out of the downtown core coupled with a structure that is nearing the end of its service, prompted a significant capital investment into 102/103 interchange. Originally known as the **Prospect Road Interchange Overpass**, this structure built in 1963 is receiving a significant investment of **\$32.8** million dollars to redesign, reconstruct, and improve the daily flow of traffic in and out of the city.

In the latest installment of turning lanes along Prospect Rd I was able to secure funding in the amount of **\$1.36** million to improve the traffic flow closer to home for the installation of four new intersections by the Prospect Road Community Center. An additional **\$1.7** million was also allocated to our community for the expansion of the Truck 3 intersection where St Margaret's Bay Road and Bayer's Lake Park connect. Again, improving important infrastructure of heavily travelled areas in our community.

Active Transportation (Bicycle Lanes)

My next area of focus lead me to securing funds for the Improvement in transportation of active modes of transport. As I heard from many residents, the enjoyment of cycling would be enhanced if a safe, comfortable, continuous route leading to our picturesque coastal line was available. With this in mind and in an effort to encourage participation in a healthy active lifestyle I was able to secure funding to incorporate paved shoulders (as known as active transportation lanes) on Highway 333 for cyclists. This project will begin this summer from Goodwood up to the Community Centre area and will be annually revisited during capital planning.

Day Care

Making sure the families in our community have access to affordable child care is important for healthy growth and development of our children. Quality child care is an essential support system that benefits families economically, socially, and educationally and allows parents to earn a living for their family. For these reasons, the provincial and federal government have teamed up to infuse a **\$35** million dollars into child care for our province. I am pleased to share with you The Friends for Life Child Care Centre approval for a \$50,000 expansion that will provide spaces for 18 more toddlers.

