

Prospective

Volume 21, Issue 1, SPRING 2018



In this Issue:

- » News from Executive Director
- » Recreation for Mental Health
- » Prospect Road Community Garden
- » The PPRA
- » EMO - Joint Emergency Management
- » Prospect Communities Farmers Market
- » Spryfield Farmers Market
- » Catherine Martin - Order of Canada
- » SS Atlantic
- » Terence Bay Elementary School
- » Halifax County United Soccer Club
- » Prospect Road Seniors
- » Personal Wellness Profile
- » Prospect Communities Hiking Group
- » Prospect Recreation Association
- » PRCC Spring Programs

News from the ROC Executive Director

By Shirley Jollimore

Spring: the season for mud pies, wet shoes and all of the beginnings that nature loves to share with us. I can't wait to see crocuses start peeking out from under the leaves and mulch! While it's a beginning in the natural world, spring for the Resource Opportunities Centre marks the end of our Board year. We have a new board chair, Al Goodyer, and Vice Chair, Rob Gilbert.

The ROC would like to take this opportunity to thank our outgoing chair, Nicole Slaunwhite, who has been a great support to the organization and a tremendous asset to the board over the past number of years. If you are interested in learning a bit about our board and our members we invite you to visit the ROC webpage at www.prospectcommunities.com!

Continued on Page 3



See Page 16



PRCC:

Prospect Road Community Centre
2141 Prospect Road
Hatchet Lake, Nova Scotia B3T 1S1
Fax: 902 852 2867
Email: info@prospectcommunities.com
Visit us at: www.prospectcommunities.com

Front Desk

Monday - Friday 8:30am - 10:00pm
Saturday & Sunday 8:00am - 9pm

Fitness Centre

Monday - Friday 6:00am - 10pm
(6:00am - 8:30am Existing Members Only)
Saturday - Sunday 8:00am - 9:00pm
Please see attached program flyer for seasonal/holiday hours

Contact Us



902-852-2711



www.prospectcommunities.com



[facebook.com/
prospectcommunities](https://facebook.com/prospectcommunities)



[@prospectandarea](https://twitter.com/prospectandarea)
[#prospectcommunities](https://twitter.com/prospectcommunities) [#prcc](https://twitter.com/prcc)



[www.instagram.com/
prospectcommunities](https://www.instagram.com/prospectcommunities)



[prcc_roc](https://www.snapchat.com/add/prcc_roc)



ROC Staff:

Shirley Jollimore - Executive Director
executivedirector@prospectcommunities.com

Amy Hockin - Operations & Finance Manager
admin@prospectcommunities.com

Jessica Morrissey - Programs & Events Manager
jessica@prospectcommunities.com

David Thomas - Facility Maintenance Manager
davethomas@prospectcommunities.com

Jason Bungay - Technology Coordinator
jason@prospectcommunities.com

Board of Directors:

- » Al Goodyer, Chair
- » Rob Gilbert, Vice Chair
- » Brad Knight, Treasurer
- » Liz Amyoony
- » Lisa Ferguson
- » Art Gilbert
- » Peggy Gilbert
- » Coralee Carter
- » John Whitlam
- » Nicole Slaunwhite, Past Chair
- » Shirley Jollimore- Executive Director (*Ex Officio*)

About Our Advertising:

The advertisements and community articles printed within this publication in no way reflect the views of our organization.

Paid advertising allows the ROC, a not for profit, community development organization, to offset some of the production costs of the publication, and allows us to connect the Prospect Communities from Goodwood to West Dover and beyond.

Community articles, of a non-advertising nature, are accepted free of charge and supports our vision, mission and strategic plan.

Please reach out to admin@prospectcommunities.com to be added to our community organization list or advertising list to ensure you are notified of future opportunities.

News from the ROC Executive Director (...Continued)

Shirley Jollimore Executive Director Resource Opportunities Centre

It's been a great year for us, at the board level. We've completed our strategic plan, which sets some high-level goals for our organization for the next couple of years. Take a look at it online; we have some plans that will need community support, and we would love your input. Here are a few of the strategic goals we will be focusing on over the next few months:

Community Transit: We're re-opening the conversation about community transit; what do we need, what will the community support, and how do we advocate for it? We've done some learning from other community transit groups in rural areas, to see how their models work, and what their journeys have taught them. We also have information from our own transit project a few years ago. Keep an eye out for more details as we work through a process to hear from you about what level of transit you're willing to support in the community. It's a challenging issue, but one that gets a lot of conversation happening, so it's worth delving into.

Youth Engagement: In late February, the ROC was designated an 'Open Award Centre' for the Duke of Edinburgh Award. This prestigious program encourages self-directed leadership and learning for youth ages 14-24. Many people work on award

levels through a school or community group, but it is something an individual can do on their own as well.

We also know that there are a number of local youth who started the program but left the affiliated community group they were tied to, and may still want to continue. Our designation allows those independent participants to connect to the program through the ROC/PRCC, and I have recently completed the training and been certified as an Award Leader to ensure participants have the opportunity to complete their program if they so choose. I will be contacting those independent participants through the month of March to see where they are in their journey, and if they wish to continue. Additionally we will host an information session with staff from the Nova Scotia Duke of Edinburgh office later this spring for potential new participants. We would love to hear from community members who may be able to offer guidance for skill building, community service and adventurous journey components. Please reach out to executivedirector@prospectcommunities.com if you're willing to mentor participants through any of the levels or components of the award.

Partnerships and Connections: We believe in community over competition; there is strength and innovation in partnerships, and we believe that community development and collaboration

starts with sharing information. To achieve this we're developing a regular roundtable that invites groups and organizations in the Prospect Communities to come together, share news of their projects, events, challenges and volunteer opportunities. Our hope is that this will provide local organizations the opportunity to collaborate, learn, share expertise and resources and to better support one another, further strengthening the Prospect Communities. This will be a casual, monthly gathering at the PRCC, possibly rotating locations. If you're interested in participating, please let me know and I'll add you to the email list! Finally, our annual general meeting for the ROC will be held on Monday, June 11 at the PRCC. We'll be celebrating a great year for the board. This year the ROC will also celebrate our 20th Anniversary as an organization. Plans are in motion to celebrate this major milestone – stay tuned for details!

As I approach the close of my second year with the ROC, I am so grateful for those before me whose hard work built the organization, for the ongoing support of our board members, and for our dedicated staff.

Happy spring!



THANK YOU FOR
YOUR SUPPORT

Iain Rankin - MLA
Timberlea-Prospect



☎ 404-7036 📠 404-7056 ✉ info@iainrankin.ca

Suite 100
1268 St. Margarets Bay Rd
Beechville, NS B3T 1A7

🐦 @IainTRankin

🖱 iainrankin.ca

Paid Advertisement

Recreation for Mental Health

ROC Staff

The ROC/PRCC understands that recreation and socialization within a community is incredibly important for both the physical and mental health of its residents. Over the past year, the ROC management team has participated in a pilot training program called Recreation for Mental Health. Through this learning, we have identified barriers that may stop someone from participating in the recreation we offer due to, but not limited to, a mental health issue.

We have been working hard to reduce and eliminate these barriers in the hopes to better support the Prospect Communities and eliminate the stigma associated with mental health.

One of the barriers people often experience is anxiety related to not knowing what to expect or do when attending a program. We have worked to reduce this by adding additional details to the program descriptions on our website. You will now find that the description includes the instructor's name, what you will need to wear, gear that you need to bring as well as the room that the program is located in.

We're hopeful that eventually, we will also be able to offer a virtual tour of the facility so that people can familiarize themselves with the building before they arrive on site.



Prospect Road Community Garden

Located at the Prospect Road Community Centre are twelve garden beds. They are maintained by community residents and volunteers, providing places for growing local, healthy and affordable foods. Community gardens encourage self-reliance and social interaction, bringing you closer to the community while meeting neighbours. The garden provides an opportunity for recreation and exercise, all while producing nutritious food.

The garden beds are located within a fenced in area and a water tap, hose, composter, and shed are available for storage of equipment. Garden season opens in May through harvest time up until October and beds are available for use for a plot fee of \$30 per season.

The members come together to meet a minimum of twice per year; at the opening and closing of the gardening season. The meetings allows members to share and learn tips on planting, harvesting and other gardening techniques shared from their fellow garden members.

If interested in volunteering or joining our community garden, please contact the PRCC for garden registration information. Existing members please let the committee know if you will be returning by April 15th, 2018 by emailing_garden@prospectcommunities.com.



The Prospect Peninsula Residents' Association

Allison Lawlor

Several women in the Prospect area are carrying on a long tradition of making beautiful handmade quilts for their families and friends.

Recently, a small group of women led by Prospect resident Ellen Ryan, completed a colourful quilt, designed with various flowers, including tulips, lilies, and sunflowers. The women donated the quilt to the Prospect Peninsula Residents' Association (PPRA) with the goal of raising money to help the community.

Tickets for the quilt are now on sale. They cost \$2 per ticket or three tickets for \$5. To buy tickets you can call Ellen at 852-2285. If ticket sales go well, a draw for the quilt will be held at the PPRA's annual general meeting on April 20 at the Prospect Bay Children's Centre. Otherwise, a draw will be held later in the year.

All the money raised from the ticket sales will go to the PPRA, a grassroots, community organization, the PPRA was formed in March of 1983 with a focus to bring people in the community together. Everyone who lives on the Prospect Peninsula (basically the Prospect Bay Road and surrounding area) can belong.

To continue its long tradition of helping people in the community, supporting refugees, and holding free events like its annual Canada Day celebrations in Prospect Village, the PPRA needs to raise several thousand dollars. Most of the money raised will go toward

paying for insurance on the community wharf located at the end of Prospect Bay Road. Available to everyone in the community for boating and swimming, the PPRA maintains liability insurance on the wharf.

Please support the PPRA. We'd love to hear from you too. There are lots of ways you can get involved and make a difference in the community. We will be holding our annual general meeting on April 20, as well as a community garbage clean up in the spring. Last year, several community members did an amazing job cleaning up the ditches along Prospect Bay Road and surrounding area.

If you want more information about the PPRA or to find out about upcoming events, please visit our Facebook page by searching Prospect Peninsula Residents' Association.



Cindy Jardine ^{CSP} REALTOR®



"Spring has Sprung"



430-2944

cindy@soldoncindy.ca

www.soldoncindy.ca



Paid Advertisement



The Prospect Communities experienced a number of major storm events in late December and early January, resulting in widespread power outages. Many of these outages lasted several days and were compounded by extremely cold weather and the potential for storm surges and coastal flooding. During these storm events the Halifax Regional Municipality (HRM) Emergency Management Organization (EMO) supported various communities by opening Comfort Centres.

The primary function of these Comfort Centres is to provide comfort to persons suffering short term discomfort resulting from the stresses imposed by abnormal situations and events, such as loss of power and heat. Generally Comfort Centres operate for short periods of time, either for a day or over a few days, closing in the evening, and events that require evacuation or overnight stays would be operated by the Red Cross as an emergency shelter – often with the assistance of the Comfort Centre staff and volunteers.

HRM is quite a large area in terms of geography, and EMO has created Regional Joint Emergency Management teams, known as JEM teams, to locally manage and assist in emergency situations. The Prospect Communities, in addition to Timberlea, Tantallon, Hubbards and Peggy's Cove belong to the Western Region JEM or WRJEM. Locally, the JEM team is managed by a volunteer executive board consisting of a Chair, Vice Chair, and Secretary. While each JEM team operates independently, there are a number of core functions that are performed under the direction and coordination of a volunteer JEM Council.

The recent events demonstrated the need to bring attention to local Comfort Centres and the related information so that the community is better informed in the future. The Western Region JEM has identified several locations that have the potential to act as Comfort Centres should the

need arise. Typically these are located in municipally owned buildings due to HRM's ability to quickly access the facilities. Because each emergency situation is unique, there is no standard, one size fits all location. Instead decisions are based on the location of the event, the services required by the community and which facility can best accommodate those needs. Locally various options have been identified including the Prospect Road Community Centre, and some local churches and businesses.

There are various ways to find information about Comfort Centres:

- » Halifax.ca/emo
- » Calling HRM's call centre (311)
- » Checking HRM's various social media accounts
- » Listening to local radio stations
- » Checking in with local social media accounts and websites such as www.prospectcommunities.com

The feedback we received in response to the recent comfort centres is that not everyone is able to access information regarding local responses as, in the case of a power outage, not everyone has access to the internet or telephone services. The JEM team is using this feedback to investigate means of improved communication.

JEM/EMO recommends that you should be prepared to support yourself and your family for 72 hours in the event of emergency. This means having enough medication, food, water, batteries, flashlights, alternate heat sources, and cash on hand. Wind up or battery operated radios are helpful to stay up to date on weather conditions as well as emergency responses, alerts and information. Know your neighbourhood and look out for your neighbours, especially those who are vulnerable; stay in contact and help keep them informed.

The success of the WRJEM is dependent on engaged volunteers. We need members from the communities we serve and it is important for each community to be represented and learn more about being prepared for and responding to an emergency when it occurs. If you are interested in joining please contact the Western Region JEM at 902-852-3379.

Did you know?

The Prospect Road Community Centre is owned by HRM but operated by the Resource Opportunities Centre, a local not for profit organization. The PRCC is one of the possible locations for a Comfort Centre should the need arise. As such, the ROC's entire management team has received Comfort Centre Manager training and I-100 Introduction to Incident Command Systems, in addition to a few members of the volunteer board, and are active volunteers within WRJEM.

Why is this important?

This means that in the event of an emergency, the people responsible to open and operate a Comfort Centre at the PRCC are located within close proximity to the facility, and can transition from Community Centre to Comfort Centre operations quickly and efficiently.

It is important to note that our team is not bound to the PRCC location alone; they can be asked to support Comfort Centre operations at any location within the WRJEM, which would provide additional experience and learning opportunities.

Our Recent Comfort Centre Operations:

Under the direction of the Nova Scotia EMO, the PRCC did operate as a Comfort Centre on a few occasions in December and January. These events provided an amazing learning opportunity and a chance for our team to practice our skills. The January 4th event, brought 48 people of various ages to the facility. As the PRCC is equipped with a backup generator we were able to offer a hot shower, warm drink, snacks, and device charging.

You may have noticed that the PRCC suspended regular operations during this time. We will always evaluate what is scheduled to be happening in the facility with what is needed by the community and do our best to allow our regular rentals and programming to proceed as planned. Depending on the circumstances this may not always be possible. This is due to the fact that, upon conversion to a Comfort Centre, our trained staff members become JEM staff/volunteers and are operating under the direction of WRJEM via NS EMO, and under their insurance protections.

The Prospect Communities Farmers Market - Season 2!

Our small but mighty market team has spent the winter months planning for season 2 of the Prospect Communities Farmers Market! It's hard to believe that our market had over 4200 visitors last season and provided 245 vendor spaces over 14 markets and we have lots of plans to make season 2 bigger and better.

The Farmers Market is an initiative of the Resource Opportunities Centre (ROC) and is operated out of the Prospect Road Community Centre. The Market provides an avenue for residents to access fresh Nova Scotia farm produce, prepared foods and local crafts within the Prospect Communities, and supports the ROC's vision of encouraging and promoting a welcoming, innovative and thriving community.

Same space – new time!

This year we will continue to operate the market on bi-weekly Sundays, beginning on Sunday, May 6th in the multi-purpose room of the Prospect Road Community Centre. Based on vendor and community feedback we have decided to move the market hours ahead by one hour. We're hopeful that the new time slot of 11am to 3pm will encourage more community members to come and check out the local produce and handcrafted items that our amazing vendors offer.

We're looking for help – our market team is looking for volunteers! The market provides unique volunteer opportunities and this year

we are looking to add an Assistant Market Coordinator, Live Music Coordinator as well as additional Guests Counters/Greeters to our team.

To stay up to date with all of the Market details, including volunteer opportunities visit www.prospectcommunities.com and click on the Prospect Communities Farmers Market icon. See you on May 6th!



Spryfield Farmers Market – News from our Neighbours

It has been a winter full of changes for the upcoming season of the Spryfield Farmers Market!

Due to the scheduled building maintenance and repairs at the previous location it became necessary to find a new venue to host this year's market. No easy feat as the market needs to be easily accessible for patrons, within close proximity to public transit, and able to accommodate a growing numbers of visitors. As the hour neared we found allies in a local church.

The new location will allow us to offer new and more convenient hours; a frequent topic of feedback from many of last year's visitors and farmers. The new market will be opening its doors in the afternoon from 1pm to 5pm, every second Sunday at Emmanuel Anglican Church Hall, 322 Herring Cove Road. We will operate the market until the middle of October, when the Church's live dinner theatre commences.

Our new location will offer a better stage for musicians as well. We will welcome back musicians from previous years as well as new talent and we are very excited to hear them in the new space. Typically, we host at least three different musical groups at each market, making it a perfect family outing; awesome multi-cultural foods, music, and a welcoming social opportunity to gather with your neighbours and support small, local businesses.



There will be farmers, crafters, specialty food producers, and a place to sit and enjoy them all.

So come out to our grand reopening on Sunday May 13, at 1:00PM, at Emmanuel Church Hall, 322 Herring Cove Road.

Did You Know that these two markets operate on alternating Sundays? The success of both markets depend on the volume of traffic and sales for our vendors; we encourage residents to visit their neighbouring community to visit with their favorite vendors and see what amazing things each has to offer.



PROSPECT COMMUNITIES FARMERS MARKET

New time!

**OPENING
SUNDAY, MAY 6th**

11am – 3pm

**PRODUCE, BAKED GOODS, CRAFTS,
LIVE MUSIC & MORE**

**PROSPECT ROAD COMMUNITY CENTRE
2141 PROSPECT RD, HATCHET LAKE**



PROSPECT COMMUNITIES FARMERS MARKET

May 6th	July 1st	Aug 26th
May 20th	July 15th	Sept 9th
June 3rd	July 29th	Sept 23rd
June 17th	Aug 12th	Oct 7th
		Oct 21st

Sundays bi-weekly, 11am- 3pm
Prospect Road Community Centre
visit www.prospectcommunities.com
for additional details



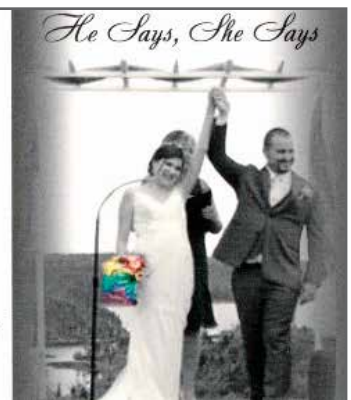
Sutton
John Whitlam, FCMI, MCGI
 REALTOR®
 Cell: (902) 221-0180
 Fax: (902) 406-3324
 jwhitlam@sutton.com




Paid Advertisement



Tami M. Hinch Owner
Your Day, Any Theme
 Appointed Justice of the Peace
 Nova Scotia, Canada
 Civil Wedding Ceremonies
 (902) 448-3197
 tamihinch@gmail.com
 www.facebook.com/HeSaysSheSays11



Paid Advertisement

Catherine Martin of Blind Bay - Appointed to the Order of Canada

Margaret Sagar

Hearty congratulations are due to one of our neighbours; Catherine Martin of Blind Bay has been appointed to the Order of Canada. While the announcement was made late in 2017, Catherine has yet to attend an awards ceremony in Ottawa. Many residents will recall Catherine drumming and performing a smudging ceremony at the opening of the PRCC.

Catherine is a highly respected Mi'kmaw Elder, a member of the Millbrook First Nation in Truro, an independent producer, director, writer, facilitator, communications consultant, drummer and the first woman Mi'kmaw filmmaker from the Atlantic Region. The Order of Canada recognizes her outstanding achievements in these fields and her particular commitment to education among the women and children of indigenous communities. In addition, Catherine has devoted energy to educating the settler community about Mi'kmaw culture and the realities of the history of Canada. She has held teaching positions at various universities and colleges.

Some residents experienced Catherine's leadership at the Blanket Exercises held last year in St James' and St Joseph's churches. Developed by KAIROS, the national church justice organization, the Blanket Exercise teaches the history of colonization, revealing the injustices and racism upon which

Canada was founded. Catherine has been generous with her time and perspective on many occasions throughout the province. Righting relationships through knowledge and understanding are close to her heart. In 2015, Catherine began a two year appointment as the Nancy's Chair in Women's Studies at Mount Saint Vincent University. There, she gave leadership in decolonizing the nature of education, introducing further diversity in the ethos, courses and personnel of the university. She was instrumental in organizing the art installation of beautiful moccasin vamps commemorating the missing and murdered indigenous women and girls displayed at MSVU art gallery, leading ceremonies and caring for families. I was fortunate to experience both the powerful opening and this moving art show. Recently, Catherine ensured that the hearings of the Commission on Murdered and Missing Indigenous Girls and Women in Cape Breton took place in a respectful, culturally-appropriate environment with supportive healing resources available to the grieving families.

Catherine has lived here since 1982, first in White's Lake, then in Blind Bay. Soon after her arrival, as Bayview subdivision was being developed, an ancient burial site was unearthed. She is still riled that the government would not finance an archaeological dig of this important site. Fortunately, she obtained funding from the



Union of Nova Scotian Indians. Precious artifacts from her distant ancestors were saved from careless demolition to be preserved in the NS Museum of Natural History.

Among Catherine's current film projects is a documentary about the Mi'kmaw women of Boat Harbour who worked with scientists to corroborate their suspicions that it was the effluent from the Pictou pulp mill that was causing illness among their community.



COUNCILLOR STEPHEN ADAMS
DISTRICT 11
 Spryfield - Sambro Loop - Prospect Road

PO Box 1749, Halifax, NS B3J 3A5
 Home: 902.477.0627
stephen.adams@halifax.ca

HALIFAX halifax.ca **311**

Paid Advertisement



Let's get you Moving!

Christa Fredette-Southcott
REALTOR ©
SoldbyChrista.com
christa@royallepage.ca
 902-488-0240

ROYAL LEPAGE
Atlantic
 GO BEYOND

Paid Advertisement

Burying the SS Atlantic's Dead

Bob Chaulk
 Historian, SS Atlantic Heritage Park

The grounding of the Atlantic on April 1, 1873 presented authorities with many problems, not the least of which was the dead bodies. John Sheridan's and Alfred Larder's team of 10 divers complained that the bodies got in the way of salvaging the cargo, while newspapers complained that the remains of loved ones were considered a nuisance and of no value. White Star Line was finally embarrassed into paying to have the bodies recovered—fifty dollars for cabin class and twenty for steerage. Retrieving those in cabin class was more time consuming and dangerous, so they cost more.

About five hundred would not be claimed. Some had no family in North America and others could not afford to travel to Halifax or ship the bodies home. They remained in Nova Scotia.

While Magistrates Edmund Ryan of Lower Prospect and George Longard of Prospect worked at identifying bodies, coffins were built at Cunard's wharves and the first two hundred sent to Lower Prospect aboard the schooner Amateur.

Ships' flags flew in the harbour at half mast as the bodies of officers Henry Metcalfe and Ambrose Worthington were buried in Camp Hill Cemetery. Cabin class passengers were sealed into metal coffins and shipped out to relatives. Reverend William Ancient, the pastor at St. Paul's church in Terence Bay, offered space near the Anglican Cemetery. James Morrow, the Halifax representative of

the White Star Line, accepted.

Boatloads of corpses wound their way among the narrow channels around Ryan's Island, past Lower Prospect and along the coast to Tennant Point, where a lighthouse stands today. They went into Terence Bay to the high ground where Reverend Ancient's little church stood until it was struck by lightning and burned in 1942.

On April 6, the diggers began the first long trench, into which coffins were placed, three and four atop one another. Ancient buried sixty-five bodies and three days later another ninety-one. For almost three months it continued until 277 had been laid to rest.

Alongside the road between Terence Bay and Lower Prospect, Reverend Martin Maas, the Roman Catholic priest at Upper Prospect, did the same. It is estimated that he interred some 150 at the Star of the Sea Cemetery.

A photograph of the time, taken by William Chase of Halifax, shows Ancient, his robes buffeted by the relentless winds, standing above the large grave containing many rough coffins, reading the burial service in the presence of a couple of dozen locals, mostly women, with a few men leaning on their shovels—a doleful scene indeed. Nobody knew anybody in the coffins.

Of the more than 400 buried in Lower Prospect and Terence Bay, there is no headstone recalling a name or birthplace. Each cemetery contains a simple granite post with a plaque marking the common grave, erected many years after the wooden markers had gone. The only stone grave marker is in



Camp Hill Cemetery in Halifax, belonging to 23-year-old Ambrose Worthington, the purser.

The burial site for the 277 lies in the SS Atlantic Heritage Park in Terence Bay. It's worth a visit!

Join the SS Atlantic Heritage Park Society on Sunday April 8th to observe the anniversary of the SS Atlantic wreck and rescue on April 1st, 1873.

The Society invites the local communities to the former Terence Bay Fire Hall at 2pm for an afternoon of lively music with local resident Laura O'Hearn and the North Street Straw Band, and storytelling with Bob Chaulk. A small admission fee will apply and tea, coffee and sweets will be available as well as 50/50 draw and raffle. All funds raised will support the operations of the Heritage Park. Watch for additional details throughout the communities as the date draws closer.

Terence Bay Elementary School - Small in Size - Big in Heart!

That's the motto at the Terence Bay site of Atlantic Memorial – Terence Bay School (AMTB).

It's a philosophy that's lived out daily through principles that are nurtured beyond the curriculum; things like kindness and manners. Respect for oneself, for others, and the environment. And soon, the building will shine as bright on the outside as its students.

Residents of Terence Bay and Lower Prospect are elated that work has begun to restore their beloved school. The site - a heritage landmark since 1960 - has served generations of people, and has been in a state of decline for years.

In the fall, a group of volunteers lobbied a request for resources to improve the school's exterior. In a few short weeks they collected over 1,000 signatures from residents across the Prospect communities, and the provincial government looked favourably upon the project as a worthy investment in rural communities.

Did You Know?

Atlantic Memorial and Terence Bay (AMTB) elementary have been together as one school – two sites for over 20 years, serving the catchment area of White's Lake, Lower

Prospect, Prospect to East Dover.

Were you aware that the Terence Bay site is still in operation?

Did you know you have a choice about where your child attends school? That there are no boundaries and that both sites are accessible to students by bus, no matter where you live?

Both sites have wonderful things to offer. Like nearby Prospect Road Elementary they are safe, positive places with passionate educators that foster the academic, social and emotional needs of students. The AMTB sites integrate regularly with one another at assemblies and class outings, and both have an intentional focus on coastal community culture and heritage.

The most notable difference that sets the Terence Bay site apart from its sister school are its small class sizes.

Misconceptions about the school have contributed to the site's low enrollment. It was believed by many to have closed when the sites became one school. Its exterior decline and a belief that the curriculum is substandard from other schools are also factors.

This simply is not the case.

Ask the parent who teaches elsewhere, but chose to enroll her kids at Terence Bay Elementary. Ask the dad whose son



in primary reads with confidence. Ask the parents of a child with special needs about the school's inclusive environment - about sign language being taught in the classroom so ALL kids can communicate. Prospect has great schools, and the Terence Bay Elementary site is one of them.

It's small in size, big in heart.

As we navigate the changes to public education in Nova Scotia, it is important to understand the implications they will have on all of us now, and in the future. It is our job as parents to help our kids thrive on their learning journey by making informed decisions about their education. Do your homework. Know your options!

For information about Atlantic Memorial – Terence Bay School, contact amtb@hrrsb.ca.

**3rd Annual
Volunteer Awards
Saturday, June 9th
Nominations are now open!
Visit
www.prospectcommunities.com
Nominations close Sunday, May 6th**



We cater to cowards

You may even enjoy coming to the Dentist!

Shad Bay 902-852-3022 info@shadbaydental.com

Whole Health Dentistry for the Whole Family

Cleanings	Tooth Coloured Fillings	Crowns	Orthodontics
Diagnostics	Endo/Root Canals	Implants	MTM Clear Aligners
Extractions	Dentures & Partials	Whitening	TMJ Appliances

Focus on Prevention - Keep your teeth for life!

Minimally Invasive - Only do what you need

Direct Billing to Insurance - You only pay your balance

Payment Plans - Discuss payment options available

Advocate for YOU the patient - YOU decide what best suits your values & finances

Convenient Hours

Monday	9am - 5pm
Tuesday	7am - 9pm
Wednesday	9am - 9pm
Thursday	9am - 9pm
Friday	7am - 2pm



Paid Advertisement

Halifax County United Soccer Club - Kickstart Your Kids Summer

Looking to kickstart your kids summer with a fun physical activity? Halifax County United Soccer Club is a great way for your kids to make friends, improve physical literacy, and make summer memories. Halifax County United is a non-profit organization that has been part of the community since 1998 and continues to give children opportunities to grow, learn and have fun. Our colors are gold and black, and we affectionately refer to ourselves as both County and HCU.

Being one of the largest soccer clubs in Nova Scotia we offer programs to players 4-years-old to senior level and levels of competitiveness (Grassroots/Recreation (4-17yrs), Academy/Competitive (8-17yrs), Senior Premiership, Senior Open (21+). HCU is focused on providing quality programs for players of all ages and levels of ability and interest. Our goal is to ensure all players have fun, foster a love for the game and develop individually and as a team both on and off the field.

Based out of 4 main areas within our community, Brookside Junior High School, BLT Elementary School, Tantallon Elementary School and Kingswood Elementary School offer convenient and accessible locations close to home. All 4 locations house all levels of soccer from u6- senior level training, games, and jamborees/tournaments. Other locations that house Halifax County United Soccer Club are BMO Center, Mainland Commons, and the many other turf soccer facilities throughout Halifax Regional Municipality.

Our club is big on County Pride. Supporting our fellow athletes and coaches is something that aids our family-based soccer community.

Any given night throughout the summer you can find our competitive teams competing with other clubs from around Nova Scotia with many onlooking youth athletes cheering from the sideline. We pride ourselves on our competitive, older athletes giving back to the grassroots programs by aiding in coaching practices, volunteering at jamborees, and throughout the community. This in return creates strong role models for our young children within or organization.



Cannot commit to signing your child up for the whole summer? Halifax County United also offers weekly day camps through the month of July to keep kids busy while parents are at work for a great price and no experience necessary! Camps are run at our four locations with outdoor and indoor time with a pizza party every Friday of the camp week!

If interested in more information or participating in our Try-It day, check out our website at <http://hcuosoccer.ca/index.php> or calling our office at (902)876-8784. Registration for our programs start early March, so register early to join in on a great opportunity to learn, grow, and have fun!!

The Prospect Road Seniors - Goodwood to West Dover

This is a call to seniors (age 55+) who live in the Goodwood to West Dover area, or have lived here in the past, to come out for great fun and activities. This is an opportunity to rekindle old friendships and make new ones. All age groups, male and female, from 55 up are represented.

We meet at the Whites Lake Legion, Branch 153, located at 3495 Prospect Road in Whites Lake from 1:00PM to 3PM on Mondays and Wednesdays. You are welcome on either or both days.



On these days we meet for conversations, cards, darts and the occasional surprise game. On occasion, we have speakers attend for a short presentation on issues that could affect seniors. There is coffee and tea provided and many of the members bring in sandwiches and sweets for all to enjoy. The cards and darts are not of a competitive nature and all levels of players are welcomed. The groups embark on two or more full day bus trips, (free to the members) to various places in the province to participate in activities in other areas. Special days are celebrated (some in theme) such as Valentine's Day, Easter, St Patrick's Day, Thanksgiving Day, Halloween, and Christmas. Occasionally, there are musicians, thanks to the Friday Night Jammers. In addition, members' birthdays are celebrated with cake and singing on a monthly basis. The Wednesday group continues through the summer for those who wish to participate, while the Monday group takes a break.

Come out and join us for some fun and great company!

- » Chairperson Wednesday - Don Ray, 852-3727
- » Chairperson Monday - Dorcas Shaw 852-2306

Personal Wellness Profile coming to the Prospect Area

The Chebucto Community Health Team has heard you loud and clear!

Community members in the Prospect area want the Personal Wellness Profile offered in their community! We are excited to announce that in response to your feedback we will be bringing this amazing program to the Prospect Communities in partnership with the Resource Opportunities Centre/ Prospect Road Community Centre this April!

The Personal Wellness Profile is a health assessment that aims to give you a snapshot of how you're your current health. The program will be spread over two weeks:

Week 1 will focus on collecting your health data: blood pressure, weight, cholesterol fasting blood sugar, and the completion of a lifestyle questionnaire.

Week 2 will focus on your results. We will discuss your cholesterol numbers, fasting blood sugar, weight and so much more! Join us on Thursday, April 5th and 12th from 9-11 am at the Prospect Road Community Centre and get to know yourself a little bit better! Coming Soon to the Prospect Communities!

We will also be hosting the following programs at the Prospect Road Community Centre in the coming months:

- » **Build Better Sleep** - Join us for a discussion on how to promote better sleep in your life. Monday, May 14th, from 1-3 pm
- » **Food and Mood** - Have you ever thought about the connection between what you eat and how you feel? What's good for your body is good for your mood! Join us to learn more! Tuesday, June 12th, 1-3 pm
- » **Introduction to Take Charge of Your Stress** - Understand and explore a variety of stress management techniques and develop a plan for incorporating these strategies into your life - Thursday, June 21, 1-3 pm
- » **Discovering Your Best Weight (4 Week Program)** - Explore strategies to help you achieve your best weight while living a healthy, enjoyable lifestyle - Monday, June 4th, 11th, 18th, and 25th, from 6:30-8:30 pm

To register for the Personal Wellness Profile, or any of the upcoming programs, please contact the Chebucto Community Health Team directly at 902-460-4560 (option 2).



Prospect Road Recreation Association

Annual General Meeting

June 13th, 2018

7pm

All are welcome to attend

**Prospect Road Community Centre
2141 Prospect Rd**

BERNADETTE JORDAN

MP, South Shore - St. Margaret's

A member of my team will be at the
Prospect Road Community Centre the
1st Wednesday of each month for our
Community Outreach Office
10:00 am to 3:00pm.

Assisting with cases involving
federal agencies or departments.

For More information:

Call: 902-527-5655 or 1-888-816-4446

Email: bernadette.jordan@parl.gc.ca

Website: www.bernadettejordan.ca



Paid Advertisement

Prospect Communities Hiking Group - Outdoor Enthusiasts & Hikers Wanted!

In the fall of 2017 the Prospect Communities Hiking Group lead an all-age nature hike through the Coastal barrens of the Terence Bay Wilderness Area. The weather was beautiful and the scenery was breathtaking. Twenty participants enjoyed a leisurely hike from River Road, Littles Lake and to the waterfall. During the hike, one of our volunteer Field Leaders, Lynette Reid, provided information about the many rare plants and berries along the trail.

The Prospect Communities Hiking Group, organized through the ROC/PRCC, is currently led by three local volunteers, Jason Warham, Robie Gourd and Jason Bungay. All three Leaders have been trained in First Aid (Level C) and certified as Field Leaders through the Outdoor Council of Canada. The Field Leader program qualifies the Leaders to lead groups on day-long hiking and snowshoe excursions.

Stay tuned for information regarding future adventures through our website www.prospectcommunities.com, and our social media accounts.

Our hope is to offer an adventure each season, and to continue to develop our outdoor program offering.



The Prospect Road Recreation Association

The Prospect Road Recreation Association (PRRA) is comprised of representatives of various community groups that are active in the Prospect Communities, between the areas of Goodwood to West Dover. Our role is to manage the local area rate in partnership with HRM by way of grant applications for community recreation projects. Additionally, the PRRA also manages the mowing contracts for the sports and recreation fields and parks in the Prospect Communities as well as the outdoor washroom facilities.

- » The Prospect Road Recreation Association Executive Committee:
- » Kelly Carlton – Chair kelly@prospectcommunities.com
- » Greg Skelhorn – Vice Chair vcprra@prospectcommunities.com
- » Helga Baxter – Secretary_helgab@yahoo.com

The PRRA invites community groups to get involved in the Recreation Association and ask one or two members from local groups and organizations to attend our monthly meetings, which are typically held at the Prospect Road Community Centre. Please email the Chair, Kelly Carlton at kelly@prospectcommunities.com should you like to be added to the PRRA email list.

The PRRA is now accepting grant application for the 2018/2019 season!

Please visit www.prospectcommunities.com/rec/ for all of the details and to access the grant applications – the deadline to apply is April 3rd, 2018

Criteria for grant applications for not for profit organizations:

- » Permanent recreation infrastructure must be built on HRM owned property
- » Project or program must be recreation-related
- » Benefits community members
- » Applicants must be a formal, registered not for profit

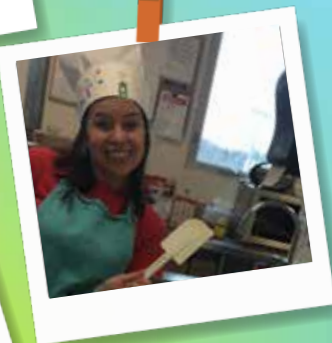
PRRA Youth Grant Fund:

The PRRA has also established a Youth Grant Fund. This fund is open to youth who reside in the Prospect Communities from Goodwood to West Dover, who are seeking help to subsidize National level play or higher, or the highest level of the sport being played.

Grants of \$200 per player are available or \$1000 per team. Please see grant application for the full criteria by using the link mentioned above. Youth are able to apply for funds at anytime throughout the year until the youth fund is depleted.

All grant applications, regular and youth, should be sent to PRRAgrants@prospectcommunities.com for consideration.

The Grants Presentation Meeting will be held on Wednesday, April 18th, 2018 at the PRCC 7 p.m.





**Registration begins for
Spring Programs
Wednesday, March 28 at 9am.
Register by phone or simply stop by!**
****Registrations will not be taken via voicemail****

Fitness Centre Information

*Prices are effective April 2, 2018

	1 Month	3 Months	6 Months	1 Year	10 Visits	20 Visits
Youth (Age 15-18)	\$42.00	\$98.00	\$160.00 \$30/mth	\$231.00 \$25/mth	\$35.00	\$52.00
Adult 19+	\$52.00	\$126.00	\$210.00 \$40/mth	\$310.00 \$30/mth	\$42.00	\$65.00
Senior 55+	\$42.00	\$98.00	\$160.00 \$30/mth	\$231.00 \$25/mth	\$35.00	\$52.00
Partners (2 adults, same address)	\$84.00	\$205.00	\$340.00 \$65/mth	\$491.00 \$50/mth		
Family (2 adults/ 3 youth)		\$342.00	\$447.00 \$82/mth	\$575.00 \$55/mth		

Birthday Party Options

*Prices are effective April 2, 2018

Type of Party	Details - 2 hours total	Cost
Sports	1 hour play, 1 hour party	\$115.00
Dance	1 hour dance, 1 hour party	\$115.00
Bounce Castle	Basic castle	\$175.00
Bounce Castle	Slide castle	\$200.00

Contact us for full party details

Save the date - You won't want to miss out!

May 5, 2018 - Plant Nite @ 'RCC

May 6, 2018 - Farmer's Market Season 2 Opens

June 2, 2018 - Indoor Yard Sale

June 3, 2018 - Small Business Saturday

June 9, 2018 - 4th Annual Volunteer Awards

**Stay up-to-date via our website for details as they become
available for these exciting community events!**

www.prospectcommunities.com

Soccer

<u>Age Group</u>	<u>Day</u>	<u>Time</u>	<u># of weeks</u>	<u>Price</u>	<u>Start Date</u>	<u>Dates Excluded</u>
3-4yrs	Tuesday	6-6:40pm	10	\$48	April 17	
	Thursday	6-6:40pm	10	\$48	April 19	

Basketball

<u>Age Group</u>	<u>Day</u>	<u>Time</u>	<u># of weeks</u>	<u>Price</u>	<u>Start Date</u>	<u>Dates Excluded</u>
Men's (19yrs+)	Thursday	7-8:25pm	13	\$81	April 5	

Floor Hockey

<u>Age Group</u>	<u>Day</u>	<u>Time</u>	<u># of weeks</u>	<u>Price</u>	<u>Start Date</u>	<u>Dates Excluded</u>
5-8yrs	Wednesday	6-6:40pm	10	\$59	April 18	
9-13yrs	Wednesday	6:45-7:25pm	10	\$59	April 18	
Men's (19yrs+)	Tuesday	8:30-9:55pm	12	\$75	April 10	
	Thursday	8:30-9:55pm	13	\$81	April 5	

Dance

<u>Class Title</u>	<u>Age Group</u>	<u>Day</u>	<u>Time</u>	<u># of weeks</u>	<u>Price</u>	<u>Start Date</u>	<u>Dates Excluded</u>
Ballet & Jazz	3-5yrs	Wednesday	5:30-6:15pm	10	\$48	April 18	
Jazz & Hip Hop	6-9yrs	Wednesday	6:15-7pm	10	\$53	April 18	

Taekwondo

<u>Age Group</u>	<u>Day</u>	<u>Time</u>	<u># of weeks</u>	<u>Price</u>	<u>Start Date</u>	<u>Dates Excluded</u>
5-12yrs	Monday	6-6:45pm	9	\$53	April 16	May 21

Line Dancing

<u>Age Group</u>	<u>Day</u>	<u>Time</u>	<u># of weeks</u>	<u>Price</u>	<u>Start Date</u>	<u>Dates Excluded</u>
Adult	Thursday	10am-12pm	10	\$62	April 19	

Trial Fitness Classes - Spring 2018 - Try before you buy - \$4.00 drop-ins!

<u>Saturday April 7:</u>	Saturday AM Circuit - 9-9:45am
<u>Monday April 9:</u>	Barre Fitness - 6-6:45am
<u>Thursday April 12:</u>	All-In-One Fitness - 5:30-6:15pm
	Cardio & Core - 6:15-7pm
	Barre Fitness - 7:15-8pm
<u>Friday April 13:</u>	Strength & Length - 9:30-10:15am
	Yoga - 10:15-11am
<u>Tuesday April 17:</u>	Cardio & Core - 6-6:30pm (30 minute drop in!)
<u>Tuesday April 24:</u>	Cardio & Core - 6-6:30pm (30 minute drop in!)

Fitness Classes – Visit our website for program descriptions and instructors!

<u>Class Title</u>	<u>Day</u>	<u>Time</u>	<u># of weeks</u>	<u>Price</u>	<u>Start Date</u>	<u>Dates Excluded</u>
Barre Fitness	Monday	6-6:45pm	10	\$66	April 16	May 21
	Thursday	7:15-8pm	11	\$73	April 19	
Kettlebell Circuit *NEW*	Tuesday	5:30-6:15pm	8	\$53	May 8	
All In One Fitness *NEW INSTRUCTOR*	Thursday	5:30-6:15pm	11	\$58	April 19	
Cardio & Core *NEW*	Thursday	6:15-7pm	11	\$58	April 19	
Strength & Length *NEW*	Friday	9:30-10:15am	11	\$58	April 20	
Saturday AM Circuit	Saturday	9-9:45am	10	\$66	April 14	May 19

Yoga

<u>Class Title</u>	<u>Day</u>	<u>Time</u>	<u># of weeks</u>	<u>Price</u>	<u>Start Date</u>	<u>Dates Excluded</u>
Supported Yoga *NEW INSTRUCTOR*	Wednesday	10:30-11:30am	11	\$73	April 18	
Yoga for Strength *NEW*	Wednesday	11:30am-12:30pm	11	\$73	April 18	
Yin/Yong *NEW*	Tuesday	6:30-7:30pm	3	\$20	April 17	
Evening Yoga *NEW INSTRUCTOR*	Tuesday	6:15-7pm	8	\$53	May 8	
Yoga *NEW INSTRUCTOR*	Friday	10:15-11am	11	\$73	April 20	

Specialty Programs & Events

<p>Watercolor Painting for Beginners Tuesdays - 10am-12pm 6 weeks - Begins April 17, 2018 \$90.00 per participant Visit our website for the full program description, information about the instructor and supply list!</p>	<p>Intro to Drawing Children + Youth (Grades 4 to 9) - 3-4:15pm - \$75.00 Adult (Grade 10+) - 6:30-8:30pm - \$100.00 Sundays - 5 weeks - Begins April 15 Visit our website for the full program description, information about the instructor and supply list!</p>
<p>Restorative Yoga Nidra Workshop Release tension and stress by learning the yoga practice for ultimate relaxation. Instructor Laurel Schut will lead you through a 60 minute restorative yoga practice followed by a 30 minute guided deep relaxation. Open to all fitness levels; no yoga experience necessary. If you've never practiced Yoga Nidra before, it's a good idea to bring a warm sweater, socks, eye pillow, and small blanket with you to keep warm and cozy. Sunday, April 8 Sunday, May 6 Sunday, June 3 5-6:30pm - \$12.00 per workshop - Registration required</p>	<p>Meditation and Mala Making Workshop Begin with a guided meditation, set your intentions for your bracelet and start your journey. This fun, interactive and inspiring 3-hour workshop will include an introduction to the healing power of crystals. Design and assemble two Mala bracelets which will be yours to keep. Beads and supplies will be provided. Saturday, May 26 1-4pm \$50.00 per person Registration required *To learn more about the instructor and view samples of her work, please visit our website.</p>

<p>FREE Youth Workshop - Job Search 101: Finding Your First Job</p> <p>Getting ready to look for your first job is exciting, but it can also be confusing and a little scary. Where do you start?</p> <p>This workshop will step you through a typical hiring process with some tips and strategies for making a solid first impression from your resume and cover letter through to the interview.</p> <p>April 25, 2018 6-9pm</p> <p>Registration required as space is limited.</p> <p>*Hosted by Nova Scotia Works - Employment Services Centre</p>	<p>FREE Adult Workshop - Job Fair Prep</p> <p>Job fairs and career fairs are wonderful opportunities to learn about companies and employment opportunities, to expand your professional network, and to apply for jobs. This 3-hour workshop explores what to expect at a job fair and how to make them work for you.</p> <p>May 7, 2018 6-9pm</p> <p>Registration required as space is limited.</p> <p>*Hosted by Nova Scotia Works - Employment Services Centre</p>
<p>Senior Washer Toss Social</p> <p>Come and play indoor washer toss! This social event includes a light snack, lots of laughter and some healthy competition. Spectators are always welcome.</p> <p>1-3pm - \$3 per participant</p> <p><u>Spring Washer Toss Dates:</u></p> <p>April 5 & 19 May 3, 17 & 31 June 14 & 28</p>	<p>Senior Pickleball Drop-in</p> <p>Pickleball, a racket sport played indoors on a badminton-size court, is designed much like tennis but is played at a slower pace with a few differences.</p> <p>Play at your own pace – make your own teams!</p> <p>All equipment is provided.</p> <p>Mondays, Thursdays & Fridays – 10am-12pm \$3.00 per participant</p>
<p>Senior Lunch & Learn</p> <p>This unique program includes light exercise, a nutritional lunch and computer/gadget help, all while having fun and socializing!</p> <p>11am-12pm – Physical Activity (varies from week-to-week) 12pm – Lunch</p> <p>12:30-2pm – Technology help – bring your gadgets!</p> <p><u>Spring Lunch & Learn Dates:</u></p> <p>April 12 & 26 May 10 & 24 June 7 & 21</p> <p>Suggested donation of \$5 or pay what you can for the day!</p>	<p>Friday Feast - Community Meal</p> <p>Join us for our monthly Community Meal! Let us make you a nutritious, home-made meal – Enjoy it with neighbours, friends or family. Gluten-free, and take-out options are always available.</p> <p>A suggested donation of \$7 per person or pay what you can.</p> <p><u>Spring Feast Dates:</u></p> <p>April 6 May 4 June 1</p>
<p>Teen Dances – Grade 6-9</p> <p>The ROC is happy to be able to offer the youth of our community a social event every month at the PRCC! Students are required to show Student ID or Health Card as proof of age both at time of ticket purchase and admittance.</p> <p>\$7.00 per student - Advance tickets only</p> <p><u>Spring Teen Dance Dates:</u></p> <p>April 27 May 25 June 22</p> <p>These events are chaperoned by adult volunteers from our community!</p> <p>Please visit our website for full event details, ticket purchasing procedures and more.</p>	<p>FREE Breastfeeding Support</p> <p>This program, offered in partnership with Laura MacDougall from Helping Hands Doula, brings moms together to get support, advice and learn about breastfeeding. Not breastfeeding? No problem! You are welcome to join & share your experiences and connect with other moms in your community.</p> <p>Mondays - 9-10am in the PRCC Art Room</p> <p>*Please call before coming to confirm Laura will be available.</p> <p>Laura is a Birth and Postpartum Doula and Breastfeeding Specialist with many years of experience. For additional information, contact Laura at 902-488-7226</p>

Before and After School Program

This program is open to all children in Grade Primary to Five. Transportation is provided for students attending Prospect Road Elementary, Atlantic Memorial Terence Bay Elementary and children attending school within the Conseil Scolaire Acadien Provincial for both our Before and After School program.

Hours:

Before School: 7am – 8:30am (children are escorted to school by program instructors via the Prospect Recreation Connector Trail or by bus for those students attending AMTB Elementary or school within the Conseil Scolaire Acadien Provincial)

After School: 3-6pm (children are picked up at appropriate dismissal time and escorted to PRCC by program instructors via the Prospect Recreation Connector Trail or dropped off by bus for those students attending AMTB Elementary or school within the Conseil Scolaire Acadien Provincial)

Afternoon snack is provided

Fees for 2018/2019:

1 child – Before Only - \$97.00/month

1 child – Afternoon Only - \$245.00/month

1 child – Before and After - \$316.00/month

** Multiple children and part-time pricing available**

Registration for 2018/2019 begins Tuesday, May 1, 2018

Efficiency Nova Scotia - FREE Info Sessions

Join us for an overview of Efficiency Nova Scotia's programs and services for residential and small businesses. Learn about rebates and incentives that they can offer to help offset some of the costs to upgrade homes and facilities.

Two Info Sessions Available:

April 5, 2018 - 6pm

April 26, 2018 - 1pm

Registration required as space is limited

Call the PRCC Front Desk at 902-852-2711 to add your name to the list!

Preschool Program

We're growing! New age limits + 5-days per week!

Starting in September 2018, this program will now be open to children 2.5 years until school-age. Children must turn 2 years before April 1, 2018 and have started to show interest in potty-training.

Children will enjoy a structured play environment which will include learning opportunities that will prepare children for Elementary School. Our curriculum includes daily crafts, science exposure, music & circle time, fine & gross motor skill building, special events and holiday celebrations. Physical activity opportunities are also made available with both indoor and outdoor play. Program includes morning snack and all program materials.

Program runs from September 2018 – June 2019.

Hours/Days - New options available!

The program will run from 9am-12pm, daily, Monday to Friday. Participants have the option to register for full-time or part-time.

Fees for 2018/2019:

1 child - 1 day per week - \$67.00/month

1 child - 2 days per week - \$120.00/month

1 child - 3 days per week - \$174.00/month

1 child - 4 days per week - \$227.00/month

1 child - 5 days per week - \$280.00/month

** Multiple children pricing available **

Registration for 2018/2019 begins Tuesday, May 1, 2018

Get your GED for FREE!

This program offers individualized programming to help upgrade your skills in literacy and numeracy as you focus on obtaining a GED. Taught by certified experienced teachers, this program offers continual intake and flexible work schedules. Classroom work located at the Prospect Road Community Centre - classes are ongoing, registration is open.

To enroll or for more information call Deborah at [902-225-6320](tel:902-225-6320)

Technology Help and Services

The ROC is happy to offer technology help and IT services to the community.

We are able to assist you with:

- Website development
- Computer and technology problems and troubleshooting
- Advertisement design
- Social media assistance
- ..and MORE!

Prices start at \$35.00 per hour - For more information or to book an appointment with our Technology Coordinator, contact Amy Hockin - 902-852-2711 or admin@prospectcommunities.com

Rentals

Room Rentals Available	Room	½ Room/hour	Full Room/hour
	Meeting Room	\$16.00	\$22.00
	Kitchen (without use of Centre supplies)	N/A	\$42.00
	Multi-purpose	\$27.00	\$47.00
	Gym – with equip.	\$31.00	\$50.00
	Gym – w/o equip.	\$29.00	\$47.00
	Art Room	N/A	\$22.00

The PRCC has many different rooms available to rent by the hour suited for a variety of events, programs or meetings.

*Prices are effective April 2, 2018

Wedding and Special Event Bookings

The Centre provides charming and well-kept event spaces. We have various special event and wedding packages available to make your celebration memorable and stress-free. All special event and wedding packages include rental of space, time for set-up, use of tables and chairs, licensed bar and event staff, along with the use of a private entrance. We have many enhancements available to improve your guests' experience, including use of a licensed kitchen, linens, decor items, special kitchen equipment, podium and various technology-related items.

Wedding Package - \$1150.00

Includes:

- Rental for 9 hours; up to 1:00am the day of the event.
- 4 hours set up the day prior to the event; if available.
- 3 hours tear down & clean up.
- 9 hours of Bar operations and bar staff - bar sales must fulfill a minimum of \$800.00
- Use of tables and chairs
- Use of Kitchen for storage only; use of kitchen equipment available at an additional cost
- Capacity of 220 people

Special Event Packages -

Includes:

- Rental for 6 hours; up to 1:00am
- 2 hours set up prior to event
- 5 hours of Bar operations and bar staff
- Use of tables and chairs
- Use of Kitchen for storage only; use of kitchen equipment available at an additional cost
- All packages include the same amount of event time, set up and usage.

Tier 1 Special Event Package - Up to 75 guests - \$250.00

Tier 2 Special Event Package - Up to 150 guests - \$400.00

Tier 3 Special Event Package - Up to 220 guests - \$550.00

For more information please contact Jessica - 902-852-2711 - Jessica@prospectcommunities.com

Gymnasium Banner Advertising

Take advantage of the most sought after area at the Prospect Road Community Centre by advertising on one of our available wall spaces in the gymnasium. Our gymnasium is open over 93 hours per week and gives your business exposure to a range of demographics through the various activities and rentals we host.

Prices starting at \$1046.50 (including tax, set up fee & design) - contact Amy Hockin for details at admin@prospectcommunities.com

Discounts of up to 20% are available for multi-media packages!

<p style="text-align: center;">General Policies and Procedures</p> <p><u>Payment</u></p> <ul style="list-style-type: none"> ➤ Payment is due upon registration for any program or upon booking for room rentals. ➤ Payment via credit card is required for all registrations made over the phone. ➤ Cash, cheque, credit and debit will be accepted for any registration completed in person. <p><u>Refunds</u></p> <ul style="list-style-type: none"> ➤ In the event that PRCC changes the day/time of any program from the original schedule a full refund or credit on account will be issued should the new day/time no longer suit a registrant's schedule. ➤ In the event that PRCC cancels a program, a full refund or credit on account will be issued for the full amount paid. ➤ In the event a program registrant can medically no longer attend a class or program a credit on account will be issued for the remaining number of classes with medical documentation. ➤ Refunds or credit on accounts will not be issued in the event a program registrant loses interest in the class or program. <p>For payments made by credit or debit, refunds must be issued to the card that made the original payment. For payments made by cash or cheque, refunds will be issued by cheque within a maximum of 2 weeks of the request for a refund.</p>	<p style="text-align: center;">Holiday Hours</p> <p style="text-align: center;">April 1 - CLOSED April 2 - Holiday Hours - 8:30-5pm May 21 - Holiday Hours - 8:30-5pm July 1 - CLOSED July 2 - Holiday Hours - 8:30-5pm</p> <p style="text-align: center;">** Please ensure you check the excluded dates column next to your program.</p> <hr/> <p style="text-align: center;">Comments and Suggestions</p> <p style="text-align: center;">The ROC welcomes all comments and suggestions from community members. Do you have a new program you'd like to suggest or teach? Please contact Jessica – Program Manager Jessica@prospectcommunities.com</p> <hr/> <p style="text-align: center;">For more information, contact:</p> <p style="text-align: center;">Front Desk – 852-2711</p> <p style="text-align: center;">Shirley Jollimore – Executive Director executivedirector@prospectcommunities.com</p> <p style="text-align: center;">Jessica Morrissey – Program and Events Manager Jessica@prospectcommunities.com</p> <p style="text-align: center;">Amy Hockin – Operations and Finance Manager admin@prospectcommunities.com</p>
<p style="text-align: center;">Adult Sport or Fitness Class Drop-in Procedures</p> <p>If you wish to drop in to one of our many adult sport or fitness classes offered here at PRCC, please see below:</p> <ol style="list-style-type: none"> 1. Once the class has begun, the instructor/volunteer will take attendance and then announce how many spaces are available for drop-in for that particular night. 2. If you will be filling one of the spaces available, you must then pay our drop-in fee at the front desk. The front desk staff will provide you with a “proof of payment” ticket. 3. Present the “proof of payment” ticket to the instructor/volunteer and have fun! <p style="text-align: center;">All drop in spaces will be first come – first serve.</p> <p>We ask that you please respect these rules as each class has a set maximum for the safety of all participants.</p> <p style="text-align: center;"><u>Fees:</u></p> <ul style="list-style-type: none"> • All In One Fitness, Cardio & Core, Strength & Length - \$6 • Barre, Kettlebell Circuit, Sat AM Circuit, All Yoga Programs & 1.5-hour Adult Sport - \$8 	

Summer Day Camps 2018

These day camps will be open to all children in Grade Primary to Five (2017/2018 school year)

Monday to Friday - 8:30am-4:30pm

July 3 - August 31

Children will enjoy various daily activities including games, sports, crafts, art, outdoor play and much more!

Things your child will need for camp:

- Lunch and 2 snacks (peanut free)
- Water Bottle
- Sun Screen
- Bathing Suit/Towel (for sprinkler)
- Hat
- Change of clothes
- Sneakers

Fees:

\$124 per week

\$15 for 7-8:30am (Early Drop off)

\$10 for 7:30-8:30am (Early Drop off)

\$10 for 4:30-5:30pm (Late Pick up)

Each week will have a different theme which will be available online at a later date.

Speciality Summer Camps 2018

We also have plans to offer various Specialty Camps throughout Summer 2018, including programming for youth, technology camps and programs for all ages!

Details about these camps and programs will be available online at a later date.

Visit : www.centre.prospectcommunities.com or Prospect Communities on Facebook frequently for updates.

Registration for most Summer Day Camps will begin on May 1, 2018

IAIN RANKIN

MLA FOR TIMBERLEA – PROSPECT

Suite 100, 1268 St.
Margarets Bay Road
Beechville,
N.S. B3T 1A7

902-404-7036
info@iainrankin.ca
iainrankin.ca



Government has accepted the spirit and intent of the recommendations in Dr. Avis Glaze's report, "Raise the Bar: A Coherent and Responsive Education Administrative System for Nova Scotia."

Will people without education degrees be hired as principals and vice-principals to manage schools?

NO. Principals and vice-principals are, first and foremost, educational leaders in our schools and will continue to be. Dr. Glaze acknowledges that principals should not have to spend time on building maintenance issues. We agree and will act to make sure principals can focus on instructional leadership.

Will the Glaze Report have a positive impact on parents and students?

This report recognizes that every school is unique; that parents, teachers, and administrators need to be able to respond to their community's needs. It recommends that School Advisory Councils have more say, a stronger voice, and funding to make decisions to support local priorities.

Using departmental guidelines and with access to funding, principals and teachers will be empowered to select the text books and learning materials that best support their teaching. Passionate teachers, empowered by relevant, appropriate learning materials will be better able to provide a better learning experience for our students.

As our education system developed, we allowed some of our most important education specialists to get caught up in bureaucracy. That's why we're moving teaching support specialists like literacy leads and math mentors out of regional education offices and into classrooms four days a week. We'll also ensure they have more time for planning and preparation. Ensuring that our teaching support specialists can do the work they love - instead of paperwork - strengthens our classrooms and provides more student support where it's needed.

Teachers and principals know the educational needs of students:

Principals will have more independence to run their school and manage the school in the best interests of students. Teachers and administrators will now have a direct line with the Department of Education to voice their concerns. If we want more of our students to succeed, we need to take action today. A better future for our children means we need to pull together now. Our students' success depends on us working together to build stronger classrooms.

If you have any questions, please email askeducation@novascotia.ca.