

Prospective

Volume 15, Issue 1, Spring 2015



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**Summer Camp Info
Inside**

Spring Greetings from the Executive Director of the ROC

By Patricia Ullman

This November, our MLA Iain Rankin presented a Resolution to the Nova Scotia Legislative Assembly congratulating the ROC and recognizing “its board of directors, past and present, and the staff of the ROC and PRCC for their outstanding service to community.”

The Resolution recognized the significance of the ROC in working collaboratively with area residents, local community groups and elected officials to design and deliver so many programs and services over the years, and acknowledged the blessing of “the dedicated support of hundreds of volunteers that have allowed the organization to grow, creating local employment, building community capacity and pride.”....

Continued on Page 3

**PRCC SPRING
PROGRAMING INFO
INSIDE!**

See Page 24





PRCC Hours of Operation

Front Desk

Monday to Friday 8:30am - 10:00pm
Saturday & Sunday 8:00am - 9pm

Fitness Centre

Monday - Friday 6:00am - 10pm
Saturday - Sunday 8:00am - 9:00pm

Contact: Prospect Road Community Centre
2141 Prospect Road
Hatchet Lake, Nova Scotia B3T 1S1
Phone: 902 852 2711
Fax: 902 852 2867
Email at: admin@prospectcommunities.com
Visit us at: www.centre.prospectcommunities.com

902-852-2711

or visit

centre.prospectcommunities.com

ROC Staff:

Patricia Ullman - Executive Director
executivedirector@prospectcommunities.com

Amy Hockin - Finance, Admin & Communications
admin@prospectcommunities.com

Jessica Morrissey - Program Coordinator
jessica@prospectcommunities.com

David Thomas - Facilities Manager
davethomas@prospectcommunities.com

Jason Bungay - Technology Coordinator
jason@prospectcommunities.com

Dawn Langille - Kitchen Manager
kitchen@prospectcommunities.com

Terence Bay C@P Hours of Operation

Wednesdays 2:30 - 6:00

Contact: Terence Bay C@P
1714 Lower Prospect Rd
Terence Bay, NS B3T 1Y6
Phone: 902-852-2622
Fax: 902-852-2867
Email: jason@prospectcommunities.com
Visit us at www.roc.prospectcommunities.com

902-852-2622

Our current Board of Directors are:

- » Liz Amyoony - Chair
- » Barb Allen - Past Chair
- » Victoria Horne - Secretary
- » Kathryn Herbert - Treasurer
- » Kelly Carlton - Director
- » Courtney Blackburn - Director
- » Lisa Ferguson - Director
- » Jennifer Bell - Director
- » Peter Jollimore - HRM Advisor
- » Patricia Ullman - Ex Officio

Newsletter Editor: Patricia Ullman & Victoria Horne
Design / Layout: Jason Bungay



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prospectcommunities](http://www.facebook.com/prospectcommunities)



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[#prospectcommunities #prcc](https://twitter.com/prospectcommunities)

www.centre.prospectcommunities.com

Spring greetings from the Executive Director of the ROC... Continued



Patricia Ullman

The ROC was presented with a framed document which is hanging proudly at the centre.

I've been here almost a year now, and my appreciation and respect for this community continues to deepen and grow. It is a privilege to be able to serve in the role of Executive Director of the ROC and to have the opportunity to meet and work with so many of you.

The ROC has been supporting the Prospect Road community since 1998 when the Terence Bay C@P-site was first created, and took on the responsibility of the

Prospect Road Community Centre before, during and after its construction in 2010. This year, on June 6th of 2015, we will celebrate the centre's 5-year anniversary.

We would love to have your energy and inspiration included in the planning and activities of what will likely be a multi-event festival focusing on community appreciation, so please let us know if you have ideas and want to join the celebration in any way.

Based on your community conversations over the years, we are working every day to maintain and increase community health and resilience which includes people of all generations, abilities, needs and interests. Ideas like community gardens, urban orchards and a farmer's market are beginning to take shape, and we are slowly increasing the health of the food and meals we are able to offer and opportunities for people to gather and enjoy company.

We will be hosting a community gathering on April 1st to see who would like to participate in planning and creating community gardens and some of the other projects.

The PRCC is open to everyone, and



everyone's ideas and help are not only appreciated but essential as we go forward. And as we move toward our Annual General Meeting in June, I encourage you to come by and share your inspiration with the ROC board and myself.

Please always feel free to call or email me at 902-852-5491, executivedirector@prospectcommunities.com.



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See Back Page For Details

Did You Know?

Did you know that the **Prospect Road Community Centre** is operated by a local organization?

Since it opened in 2010, the facility has been operated by the Resource Opportunities Centre (ROC). The ROC is a not-for-profit, community development organization that was originally established in 1998 in Terence Bay to operate the Terence Bay and Area C@P Site. In 2002 we evolved and, among many other projects and partnerships, in 2009 were named the volunteer management board of the PRCC.

The facility is operated via lease agreement with the Halifax Regional Municipality.

Our Vision:

‘A welcoming, innovative, and thriving community.’

Our Mission:

To be a community-based organization dedicated to sustainability and community development through the delivery of diverse recreational, educational, social and technology related opportunities.

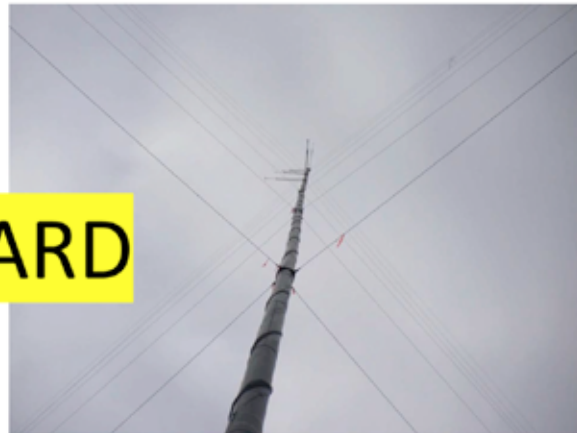
Our Values:

Accountability, sustainability, partnerships, sharing information freely, community identity, quality of life.



Chebucto Terence Bay Wind Field Ltd.

\$5,000 REWARD



Sometime over the January 23rd – 25th weekend, a 60 Metre aluminum Meteorological Tower was stolen from the Wind Farm Project Site off River Road in Terence Bay. When stolen, the Met Tower was disassembled and packed on a pallet in multiple length aluminum tubes.

Chebucto Terence Bay Wind Field Ltd. is offering a **\$5,000 (Five Thousand)** reward for information leading to the arrest and prosecution of the individual(s) responsible. Anyone with information pertaining to this Grand Theft is asked to contact 449-8810 or your local detachment of the **RCMP**. Your information will be kept in complete confidence and anonymity.

Five Bridges Wilderness Heritage Trust AGM

You are invited to the Annual General meeting of the FBWHT. The Trust's AGM will take place on **Wednesday, March 25, 2015, at 7:00 p.m. at the Lakeside Community Center.**

Five Bridges Wilderness Heritage Trust is a registered, charitable, volunteer organization working to conserve the public lands in the area bounded by Highways 103 and 333 on the Chebucto Peninsula in its natural state for public use.

We are looking for new volunteers to join the board of directors for the FBWHT. If you are interested, please visit the FBWHT website at : <http://fbwht.ca/> for more information or contact us by email at : fbwhbt@gmail.com



Everyone welcome!

Programming Highlight - 'Senior Lunch & Learn'



some fabulous lunches which have included Loaded Baked Potato Soup, Veggie Minestrone, Tomato and Pesto Pasta, Turkey Pot Pie Stew and many delectable desserts, just to name a few.

Following lunch, technology help is offered. Bring your computers, cameras, cell phones, tablets and more. Ask questions and learn from our Technology Manager all you need to know! Finally, did you know that this program is free of charge? The physical activity workshops and technology sessions are funded through the grant and our lunch is offered through a "pay what you can" model. We ask participants to make a donation to help with the cost of creating such delicious meals.

Our Spring session dates are: April 9 & 23, May 7 & 21, June 4 & 18. I would encourage everyone to stop by and join us for this program. We are flexible with attendance and it is not required that you attend all three elements. If you have a physical activity idea or a lunch suggestion please feel free to contact me at jessica@prospectcommunities.com

Jessica Morrissey

Since October, I have had the pleasure of being a part of an innovative and exciting program which we have titled 'Senior Lunch & Learn.' Composed of 3 elements – physical activity, nutritious lunch and technology help—we began by offering this program on a monthly basis, and after the first three sessions it became evident that a bi-weekly gathering was needed. Made possible through a grant from the Chebucto West Community Health Board, this program has become a great day-time gathering for adults on Thursdays from 11-2pm.

We begin each session at 11am with a physical activity offering for one hour. Some of our sessions have included Nordic Pole Walking, Chair Yoga, an Injury Prevention Workshop and an introduction to our Fitness Centre. Also available at this time is our Pickleball drop-in program which runs from 10am-12pm on Thursdays. At 12pm our participants gather for a nutritious lunch created by our volunteers, Dawn and Jean Langille. This dynamic duo has created



Who in the World Runs the Prospect Road Community Centre?

Liz Amyoony
Chair, Resource Opportunities Centre

**Who in the world runs that Prospect Road Community Centre?
That's what I 'wanna' know!**

***Can you believe we do – the residents of Prospect Road from
Goodwood to Dover!***

The HRM owns the building and the land but the running of the Centre is overseen by a volunteer Board of Directors – the Resource Opportunities Centre (ROC). Each Director brings a unique perspective to the Board through their experiences of being a part of the community and life!

In June, the Board will be having its annual general meeting and it is a great time for new blood to join the Board. The Board meets once a month and primarily acts as an advisory panel as well as helping out where they are needed.

The current members are Victoria Horne, Lisa Ferguson, Jennifer Bell, Kelly Carlton, Courtney Blackburn, Barb Allen, Kathryn Herbert and Liz Amyoony. Our Executive Director, Patricia Ullman, and her team have been charged with assisting this fine group in their mission. One of these responsibilities is the operation of the Prospect Road Community Centre.

Yup...all the nuts and bolts from the day to day programs to the fiscal responsibility of ensuring we have the 'mullah' to run the joint. HRM owns the building and the land but the operation of the centre itself is self-sustainable.... that is, whatever money is made with programs, fundraising, grants, etc. goes to paying employee salaries, supplies, vendors, etc. You'd think our taxes would pay for that but nope, that money goes to the HRM for the actual construction of the building and the ongoing 'high level' maintenance.



But hold up, the overseeing of the Prospect Road Community Centre is not the only thing that the ROC Board does. Our mission is to be a community-based organization dedicated to sustainability and community development through the delivery of diverse recreational, educational, cultural, social, and technology-related opportunities so that the Prospect Road Community continues to be the welcoming, innovative, and thriving community that it is.

If you'd like to know more about becoming a Board Director and being a part of working towards the mission above, please contact any of the current Board members or even stop in at any of our Board meetings – February 16, March 23, April 20 and May 18.

The Annual General Meeting has been tentatively booked for June 15th. So come on down and be a contestant—oops, that should be board member—and be a part of a group striving to make the world a better place... well, at least Prospect Road!

****Written with vernacular to bring humour to the article.**



Prospect Road & Area Lions Club

Looking to make a difference in 2015 in your community? Consider giving some of your time!

The Prospect Road Lions Club is looking for community-minded individuals who are interested in making a difference. We hold monthly meetings so please feel free to drop in and see what the Lions are all about:

- Date: 2nd Monday of the Month
- Place: Prospect Road Community Centre
- Time: 7:30 pm

If you are interested and would like more information about The Lions Club please check out the website <http://www.lionsclub.org/>

You may also call King Lion Blaine MacDonald, 876-8521; or Lion Lisa Ferguson, 852-3909.



Iain Rankin
MLA Timberlea-Prospect

1268 St. Margaret's Bay Road, Suite 100
Beechville, Nova Scotia, B3T 1A7

info@iainrankin.ca



iainrankin.ca

902-404-7036

Constituency Report

As your elected representative in the Legislature, I have been working hard on advancing local issues as well as participating in regional decisions. It is my pleasure to update you on some of the items I am presently working on:

- Meeting with Minister of Transportation and senior staff to improve Prospect Road and main arteries in the area. I have asked for a traffic study at busy intersections for such improvements.
- Collaborating with Councillor Adams and Provincial departments to improve community aesthetics and signage.
- Hosted six (6) community Town Hall meetings to ensure open and transparent dialogue locally in the Prospect communities.
- Requested a review of speed limits in sub-divisions, and ordered "Slow Down" signs for private property to remind people to watch their speed, especially in residential areas.

EDUCATION CHANGES

Minister Casey has asked the Auditor General to do a full report on the workings of all school boards. As Vice Chair of Public Accounts I look forward to discussing the workings of school boards at the Public Accounts Committee.

- New Citizenship Grade 10 class. During the public consultation on Education I had submitted an idea to include a "citizenship" class as a requirement for High school graduation. I was very pleased to see this included as part of the new changes announced January 29th 2015



Bar-b-queing at Prospect Road Elementary School



Pink bin launch. Nearest location 957 Prospect Rd.



My satellite office is open Tuesday's from 3pm – 7pm at the Prospect Road Community Centre



WORKING WITH YOU FOR THE BETTERMENT OF OUR COMMUNITY



COUNCILLOR STEPHEN ADAMS
DISTRICT 11
Spryfield - Sambro - Prospect Road

PO Box 1749, Halifax, NS B3J 3A5
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runclub@prospectcommunities.com
(Please provide your name & email)



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Who Cares About Terence Bay School?

Lynette Richards



Who Cares about the Terence Bay School?

Lots of people do. Local schools benefit whole communities. The future of the Terence Bay School has been in question for years.

DID YOU KNOW?

There is a NEW government initiative to help keep small schools open and ADD vitality. Funding is available to help communities who find uses for surplus space in their schools if the uses offset the cost of running the school. This would make the school a community hub. Can you think of some ideas? What does our community need? Perhaps you are a small business owner who could use space? Wood Shop? Machine Shop? Maybe we need some small apartments for seniors?

Can you imagine ways to attract people and prosperity to Terence Bay/Lower Prospect by utilizing part of our school? All ideas are good ideas.

If you would like to be part of the very first conversation, please let me know. I am willing to compile our names. The ROC has offered to host the first conversation and clarify the government initiative for community hubs.

I look forward to hearing from you,
Lynette Richards
lynette@rose-window.com
902-402-3104

New Fitness Centre Equipment at the PRCC

Thanks to a grant from the Prospect Road & Area Recreation Association, the fitness centre at the PRCC is shining with great new state-of-the-art equipment.

We are pleased to have a new **Atlantis Lat Pull/Low Row Combo**, a **Lifefitness Stepper**, many new options for **weights and dumbbells**, and completely **refurbished treadmills, stationary bikes**, and more.

Hundreds of people enjoy this convenient, bright and up-to-date centre, which also offers lockers, changing rooms and showers.

Starting this spring we will be offering some new membership options, so stay tuned!



Community Liaison Committee Formed for Chebucto Terence Bay Wind Farm

The Committee: The first meeting of the Community Liaison Committee for the wind farm being developed near Terence Bay was held on December 8th at the Prospect Road Community Centre. The Committee is meeting every two – three weeks during the construction period leading to project completion in October. The members of the committee are shown in the group picture to the right and their names are listed below:



Front row: Lynn Slaunwhite (Friends of River Road), Christa Fredette-Southcott, Barb Allen (Resource Opportunities Centre); **Second row:** Jim Little (S.S. Atlantic Society), Terry Norman, President, Chebucto Terence Bay Wind Field Limited; **Back row:** Kevin Doucette, Chief Financial Officer, Renewable Energy Services Ltd., Vince Norris (Prospect Area Senior's Network) and Robert Garnier (Friends of River Road). **Missing:** Patricia Ullman (Resource Opportunities Centre), Mary Lyn Saturley, Iain Rankin, MLA (ex-officio), Laszlo Bone Jr. (Terence Bay Lighthouse Committee) and Lynette Richards (S.S. Atlantic Society).

Purpose of the Committee: To serve as a vehicle to provide communication between the project developers and the local community. The members will provide a cross-section of community views, concerns and ideas on project plans and activities. Minutes of meetings will be posted on the project website and printed copies will be available on the bulletin boards at the Terence Bay post office, Whites Lake Legion, the community pharmacy and doctors' office and the Prospect Road Community Centre.



Project Plans: In December the Minister of the Environment approved the project for construction under strict guidelines. To date the provincial road has been upgraded and roads have been constructed to the three turbine sites. The sites are now being examined in preparation for excavation for concrete bases. The power lines will be upgraded along River Road as far as the turn at the lake and new power lines will be installed from there to the site. Concrete will be poured for the turbines bases in the summer. Three Enercon E-92 turbines are scheduled to arrive in late summer. They will then be tested and energized. The wind farm is expected to be operating by October.

For additional information please go to the project website: <http://chebuctoterencebay.com/> or contact Terry Norman by phone: 902-429-8810 terryjnorman@gmail.com or speak with any member of the Committee.



Have you visited PRCC and viewed the amazing mural showcased on the Gymnasium wall? If not, we invite you to stop by and take a peek at this creative, modern piece of art.

On September 20, 2014 young artist James Swain and his assistant Greg Clarke spent approximately 9 hours creating a vision that began many months prior during a Teen Dance event. In an effort to brighten an otherwise white space, the idea for this mural was made possible by the addition of two Teen Dances during the summer months of 2014 which raised funds for the project. James and others volunteered their time to host these events for the youth in our community and were the driving force that helped bring this project to life.

Featuring the silhouette of a Maritime community, this piece brings together many representations of the Prospect Area and incorporates the youthful style of freehand graffiti art. Created solely using spray paint, the detail involved is simply breathtaking.

We would like to extend many thanks to James and his team for their dedication to the project. This piece has become a focal point within our centre and brings an added element of excitement and joy to the gymnasium.



James Swain

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BRING THE WORLD HOME



The Nova Scotia International Student Program (NSISP) was founded as a way for students from around the world to learn more about the language and culture of Nova Scotia. Since 1997, NSISP has welcomed thousands of students and has grown to include over 800 host families in communities across the province.

Hosting an international student means the opportunity to bring the world home. The learning you will gain and the connections you will make will be a life changing experience for your whole family. When you invite an international student into your home, you're not just getting a houseguest... you're gaining a family member.



For more information on the NSISP Homestay Program contact your local coordinator:



Halifax Regional School Board
902.464.2000
mhurst@hrrsb.ca
nsisp.ca

The Prospect Road Men's Orthodox League

Holly Collier
Secretary and Treasurer,
The Prospect Road Men's Orthodox League

The Prospect Road Men's Orthodox League has been in this community for many years. There are 7 teams in the league of all ages, 19 and over. It is a great opportunity for the men of the area to get out, play a game of ball and socialize with other guys from the area.

There are many rivalries for sure but all in good fun. Last year, the Terence Bay Predators reclaimed the league title and went on to win the playoffs against the Prospect Pirates and what a great series it was! We are always looking for new players and anyone interested can contact Holly Collier or the President, Scott Collier, to join one of our many teams.

We are trying to keep this league alive on the road, and whether you've played or not you are always welcome.

Email holly.collier@hotmail.ca or call 902-850-2581 for more information.



Discoverabilities Community Market

The 'Discoverabilities Events Society' is hosting a Community Market for the public at the PRCC, on Saturday, May 9, from 9-10:00 a.m. The market will showcase budding entrepreneurs with disabilities who have identified their skills and passion and translated that into their own business ventures. Vendors at the market

will have some items for sale and will also have the chance to get some market exposure. There will be free hot drinks for anyone that attends, and there will be lots of other items to browse and purchase. Please be sure to stop by this important community event! Following the Community Market there will be a conference for adults with intellectual disabilities.

Contact Meagan Soley for more information: (902) 452-6347, meagan.soley@gmail.com.



Receptions Meetings Celebrations



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Photo's courtesy of Candace Berry Photography - www.candaceberry.com

Book The Prospect Road Community Centre!

Contact Jessica for further details about what PRCC can offer to your special event!

Jessica Morrissey - Program Coordinator - 852-2711

jessica@prospectcommunities.com

“Borrow By Mail” – Halifax Library Service available in Prospect Area

“Borrow by Mail” is a free service offered by Halifax Libraries to community members in the Prospect area who are eligible for Home Delivery service OR who have no access to transportation in order to visit a library branch. Home Delivery service is offered to anyone with a disability that prevents them from using a branch regularly. Disabilities may include a visual disability, severe arthritis, a heart condition that prevents the client from carrying materials, or caregiver responsibilities. The service can also be used on a temporary basis by someone recovering from an illness or suffering from a medical issue.

The service is free. Material is mailed in a reusable mailing pouch with a pre-paid postage label that can be used to return the items. There are no overdue fines on anything sent from Borrow by Mail, but customers are responsible for lost or damaged material.

Material is available in regular or large print, DVD, and CD formats. Once customers have registered for the service, there are several ways to select material:

- » Place your own requests on the library’s online Discover catalogue at discover.halifaxpubliclibraries.ca and select Borrow by Mail as your pickup location



- » Contact staff directly and they will make the requests for you
- » Complete the request form sent to you with each delivery
- » Select material from the Update, a list of popular fiction and non-fiction titles mailed to Borrowby Mail clients every two months
- » Staff can select material for you, based on your interests

To find out more about this service or to register, please contact Borrow by Mail at (902) 490-5599 (Long distance: 1-800-565-4414).

The office is staffed Monday-Friday, 8:30am – 4pm. You can also contact Borrow by Mail by email at bxm@halifax.ca

TapRoot Farm Providing Community Shared Agriculture at PRCC

TapRoot Farm, a family farm team that grows nutritious and ethically produced foods, has been a Saturday morning regular here at the PRCC for the last while since we serve as a drop-off point for their Community Shared Agriculture (CSA) program.

In the fall, in partnership with us and Noggins Corner Farm, TapRoot agreed to set up a small market during the window of time their existing CSA members would pick up their orders.

They are currently offering their wonderful produce on Saturday mornings between 10am -11:30am. However, we are pleased to announce that starting in April they will be extending their stay and setting up market from 10am – 1pm.

This is the first farmers market that TapRoot has participated in, and we have a shared vision that in the future they will be one of many vendors that would visit us on Saturday mornings, to connect with the community and celebrate great local food and products. We are currently seeking volunteers to help us plan and organize this undertaking.

For more information regarding TapRoot please visit their website www.taprootfarms.ca; for information regarding getting involved please contact admin@prospectcommunities.com.



Annual Prospect Road Community Clean-UP

The annual Prospect Road Community Clean-Up is coming again. This year it will be held on April 25th, which is our traditional Saturday after Earth Day date. Community groups are encouraged to take part and mobilize so that they can make a difference where they live. Many communities have people and groups that are organizing and planning efforts for the community clean up. It may not be possible for all individuals and groups to do their cleaning up on the Saturday but you can still be a part of the Clean-up event even if you, as an individual, or your school or group does the clean-up on a different day.

Community Barbecue

No matter what day you clean up or what time you start, everyone that participates in the clean-up is invited to a community BBQ. The chefs for the day will be volunteers from our community. Besides the traditional hot dogs, chips, and drinks there will also be a healthy snack option of apples and bananas available.

If your group is interested in helping and needs supplies for the clean-up, or if your group is cleaning up in a high traffic area and would like safety vests, please contact Peter Jollimore at (902) 476-2717, or email him at jollimp@halifax.ca.

If you are interested in volunteering and want to connect with one of the many clean-ups happening on April 25th, please connect with one of the groups listed below.

Prospect Peninsula Residents Association Meeting Spot: Our Lady of Mount Carmel Church Hall, 1688 Prospect Bay Road at 8:30 a.m. Contact: Allison Lawlor Email: allisonlawlor@eastlink.ca	Brookside Community Homeowner's Association Contact: Jennifer Helm and Valerie Wilson Phone: (902) 430-8491 Email: info@bcha.ca Facebook: http://www.facebook.com/groups/Brookside.HomeOwners/
New Life Community Church Contact: Darren Millett Email: Darren@nlcchurch.ca	Pinedale Park Clean Up Contact: Donalda Benjamin Home: (902) 222-1290 Cell: (902) 222-1290 Email: donaldabenjamin@eastlink.ca
MacDonald Lake Residents Association John Cascadden: jdcas@slccc.com (and visit MLRA Facebook site)	East Dover and area Contact Rob Gilbert: rgilbert@dal.ca

Citizens On Patrol Roadside Clean Up is happening on May 9th. This clean-up focuses on Goodwood, the gateway to all of our communities. As in the past, our local Scout Troop 1st Prospect will assist along with others.

The groups will meet at Exhibition Park at 8am and clean the ditches from the start of the Prospect Road to Old Coach Road. This large undertaking is open to everyone who is willing to lend a hand. This huge clean-up usually creates an annual mountain of garbage bags near the Exhibition Park.

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receive a free Avon product pack valued at over \$50.00*

Rose Axelson – 902-817-8594 – axelson.avon@gmail.com

PPRA - Community Grants

Kelly Carlton, Chair PPRA
and Wayne Hamilton, Vice Chair PPRA

Below is a list of Community Grants Awarded to the Sports, Homeowners, Youth, and Seniors Groups within our Community. Please watch Prospect Communities Website for this year's application process.

- » MacDonald Lake Residents Association - \$3,000 Park Project
- » Prospect Rd Community Minor Baseball - \$1,000 Gear & Uniform Upgrades
- » Prospect Road Seniors Network (Monday Group) - \$1,000 Bus Trip Support
- » Prospect Road Seniors Network (Wednesday Group) - \$2,500 Bus Trips Support
- » Brookside Junior High School - \$9,000 Art & Social Recreation Outdoor Project
- » Atlantic Memorial-Terence Bay/Prospect Road Elem - \$1,000 per School to Support Bayside Trip
- » Brookside Homeowners Association - \$10,000 Park Project
- » Resource Opportunities Centre - \$10,000 Standing Grant to Support PRCC
- » Halifax County United Soccer - \$1,900 Goals and Nets For Under-10 Soccer and PRES
- » Safety Minded ATV Association - \$10,000 Trail Work & Prep – Old Coach Road
- » Prospect Hurricanes - \$500 Track and Field – New Track Pits at BJH
- » Youth Fund to Support Individual and Team Advancements - \$6,400
- » Standing Offers: Ball Field Lighting, Portable Toilets, Float Install (TB Boat Launch) Reg. Of Joint Stocks - \$8,780.25
- » Prospect Road Community Centre - \$33,837.26 Fitness Room Equipment Upgrades & New Purchases, and a Portion to the New Outdoor Multi-Use Pad



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BEECH TREE ACADEMY — nurturing young learners —

Welcome to our wonderful new state of the art early childhood center serving the communities of Beechville, Lakeside, Timberlea, Tantallon and Bayer's Lake

We are PRCMBA: The Prospect Road and Communities Baseball Association!

Established in 2010, the past 6 years have seen us grow from just a few teams and a membership of 44 players to a strong community of ball players from Tot to Midget levels. In 2015 we will have teams at the Midget, Bantam, Pee wee, Mosquito, Sandlot and Tot levels, something for everyone.

This year we are projecting a membership of more than 150 players and coaches who compete both locally and provincially. In 2014 our Bantam team won the Provincial Championship and brought the banner home to Prospect Road! We are building our league into a place where we produce competitive baseball players as well as great sportspeople— players who will become great ambassadors for our league as well as our communities. As an association we promote baseball year-round by offering optional baseball skill and conditioning camps throughout the off-season at the Prospect Road Community Centre.

There is a strong history of ball in our communities, so why not come out and join us as a player, coach, helper, spectator or to support any of our many fundraisers. There is room for everyone at PRCMBA! For more information and registration information, visit our website at: www.prcmba.ca/.



Shorelines - Community Connections Through Art

We are encouraging community members to participate in the Shorelines project either by registering for any one of our month-long themed sessions taking place February, March, April and May on Monday evenings from 5:30-7:00pm, or by registering for individual sessions that will be held monthly, usually on Sundays.



As we have a maximum enrollment of 18 people per month for the Monday evening sessions, we are asking that people register for one month at a time. Please state which month is your first choice, 2nd choice, etc. Individuals of all ages – youth (8+) to adult – and families too may register by sending your email to: Shorelinesprojectprcc@gmail.com

Note: Children between the ages of 8-12 must be accompanied by an adult.

The additional individual sessions each month are open to anyone. These will generally be held on Sunday afternoons. For these sessions please register at the PRCC by calling 902-852-2711.

Registration is free for all activities but you are welcome to make a donation to art programming at PRCC. Activities will take place at Prospect Road Community Centre (PRCC) in the art room unless otherwise noted.

March's theme is The Barrens

Mar. 9; Mar. 16; Mar. 23; Mar. 30
Registration is OPEN please contact
Shorelinesprojectprcc@gmail.com

Together with sculptor John Little (West Dover) we will design small instruments and visit John's blacksmith studio to create them. We will create a small basket with the NS Basketry Guild to bring on a walk through the Barrens. Together with Ariella Pahlke we will create media (sound, video, digital photos) that will be placed out onto the barrens using QR code technology.

Sunday TBA
Registration is OPEN please register at the PRCC by calling 902-852-2711

On our walk this month we will learn to identify traces of the history found in the barren's landscape with historian Emily Burton (Terence Bay). We will learn to identify local edible/medicinal plants and later print and dye fabric with local plants gathered from the area.

April's theme is The Beach

Monday evening session dates: Apr. 13; Apr. 20; Apr. 27; May 4

Registration is OPEN please contact
Shorelinesprojectprcc@gmail.com

In this month we will learn about the tradition of local folk artists such as Joe Norris from the Curator of the Art Gallery of Nova Scotia, David Diviney (Prospect) and create an artwork inspired by our local folk artists. We will visit artist Lynette Richard's (Terence Bay) studio where she will guide us in creating small glass-based artworks that will be incorporated into a hanging sculpture. Within this month we will learn about animation by creating a sand animation with found objects collected from a walk on the beach with an animator.

Sunday activity TBA
Registration is OPEN please register at the PRCC by calling 902-852-2711

May's theme is Water

Monday evening session dates: May 11; May 25; Jun. 1; Jun 8
Registration is OPEN please contact
Shorelinesprojectprcc@gmail.com

In this month we will partner with East Coast Outfitters and in particular their sea-cology by Kayak program to learn from scientists about our marine environment. Following our kayak trip we will be inspired by the sea to create small sculptures in clay. We will partner with Off the Hook Fisheries for a fishing expedition and turn our fishing lures into jewelry with a local jeweler. Using water as inspiration, we will record environmental sound to create a layered sound composition, and participate in an experimental music 'jam' with found and created instruments.

Sunday activity TBA
Registration is OPEN please register at the PRCC by calling 902-852-2711

More workshops will be posted as we further develop the project with community members so please keep returning to our blog, shorelines.prospectcommunities.com, for further updates. Some specific activities listed may change as the project progresses. If you register your e-mail on the blog you will automatically receive all updates.

Each month we will also partner with various other groups in the area to program activities. If you are part of a group who is interested in partnering, please contact us.

Your Ad Could Be Here!

Starting as low as \$80

Phone: 852-2711

admin@prospectcommunities.com

\$13⁹⁵ + tax

**Every Sunday
3-7pm**

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Prime Rib
Special**

**Indian Lake Golf Course
199 Old Coach Road
4 minutes past Exhibition Park**



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Reservations
recommended**

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CATERING

www.horizonscatering.ca for all your catering needs



**Registration begins for all
Spring Programs
Wednesday, April 1st at 9a.m.
Register by phone or simply stop by!**
Registrations will not be taken via voicemail

Fitness Centre Information

	1 Month	3 Months	6 Months	1 Year	10 Visits	20 Visits
Youth (Age 15-18)	\$35.00	\$89.00	\$149.00 \$26/mth	\$217.00 \$21/mth	\$28.00	\$45.00
Adult 19+	\$45.00	\$116.00	\$197.00 \$36/mth	\$293.00 \$26/mth	\$35.00	\$58.00
Senior 55+	\$35.00	\$89.00	\$149.00 \$26/mth	\$217.00 \$21/mth	\$28.00	\$45.00
Partners (2 adults, same address)	\$75.00	\$192.00	\$321.00 \$61/mth	\$467.00 \$46/mth		
Family (2 adults/ 3 youth)		\$323.00	\$424.00 \$77/mth	\$547.00 \$51/mth		

Birthday Party

Options

Type of Party	With/Without Staff	Cost
Sports	With Staff	\$99.00
Girls - Nails/Lip gloss	With Staff	\$141.00
Craft	With Staff + Supplies	\$141.00
Dance	With Staff	\$99.00

Bounce Inflatable Party Packages also available!

SAVE THE DATE!

Some exciting events will be happening at PRCC this Spring! Be sure to mark your calendars and stay up-to-date on our website.

May 2, 2015 – 4th Annual Floor Hockey Tournament!

May 3, 2015 – Mother's Day Tea!

June 6, 2015 – PRCC 5th Anniversary Celebration!

**ONLINE
REGISTRATION
COMING SOON
TO PRCC!**

Stay up-to-date on our website for all the details regarding online registration as they become available.

www.centre.prospectcommunities.com

SUMMER CAMP INFO INSIDE!

Soccer

<u>Age Group</u>	<u>Day</u>	<u>Time</u>	<u># of weeks</u>	<u>Price</u>	<u>Start Date</u>	<u>Dates Excluded</u>
3-4 yrs	Monday	6-6:45pm	10	\$42	Apr 13	May 18
	Tuesday	6-6:45pm	10	\$42	Apr 14	
	Thursday	6-6:45pm	10	\$47	Apr 16	
5-6yrs	Monday	6:45-7:30pm	9	\$42	Apr 20	May 18

Basketball

<u>Age Group</u>	<u>Day</u>	<u>Time</u>	<u># of weeks</u>	<u>Price</u>	<u>Start Date</u>	<u>Dates Excluded</u>
Men's	Thursday	7-8:30pm	11	\$64	Apr 16	

Floor Hockey

<u>Age Group</u>	<u>Day</u>	<u>Time</u>	<u># of weeks</u>	<u>Price</u>	<u>Start Date</u>	<u>Dates Excluded</u>
5-7 yrs	Wednesday	6-6:45pm	10	\$55	Apr 15	
8-10 yrs	Wednesday	6:45-7:30pm	10	\$55	Apr 15	
11-14 yrs	Sunday	7-8:30pm	10	461	Apr 15	
Men's	Tuesday	8:30-10pm	11	\$64	Apr 14	
	Thursday	8:30-10pm	11	\$64	Apr 16	

Badminton

<u>Age Group</u>	<u>Day</u>	<u>Time</u>	<u># of weeks</u>	<u>Price</u>	<u>Start Date</u>	<u>Dates Excluded</u>
Adult	Monday	8:30-10pm	10	\$58	Apr 13	May 18

Dance - *NEW* - Hip Hop Age 9-11yrs Program!

<u>Class Title</u>	<u>Age Group</u>	<u>Day</u>	<u>Time</u>	<u># of weeks</u>	<u>Price</u>	<u>Start Date</u>	<u>Dates Excluded</u>
Ballet & Jazz	3-5yrs	Wednesday	5:30-6:15pm	10	\$42	Apr 15	
Ballet	4-6yrs	Wednesday	6:15-7pm	10	\$42	Apr 15	
Jazz & Hip Hop	6-9yrs	Wednesday	7-8pm	10	\$46	Apr 15	
Hip Hop	9-11yrs	Wednesday	8-9pm	10	\$51	Apr 15	

Karate

<u>Age Group</u>	<u>Day</u>	<u>Time</u>	<u># of weeks</u>	<u>Price</u>	<u>Start Date</u>	<u>Dates Excluded</u>
5-9yrs	Wednesday	6-6:30pm	10	\$47	Apr 15	

Volleyball

<u>Age Group</u>	<u>Day</u>	<u>Time</u>	<u># of weeks</u>	<u>Price</u>	<u>Start Date</u>	<u>Dates Excluded</u>
Adult	Monday	8:30-10pm	10	\$58	Apr 13	May 18

Fitness Classes – Visit our website for program descriptions and instructors!

<u>Class Title</u>	<u>Day</u>	<u>Time</u>	<u># of weeks</u>	<u>Price</u>	<u>Start Date</u>	<u>Dates Excluded</u>
Older Adult Fitness	Monday	11am-12pm	9	\$32	Apr 13	May 13/TBA
	Friday	12-1pm	10	\$36	Apr 17	TBA
Zumba	Monday	7-8pm	9	\$55	Apr 20	May 18
High Intensity Interval Training	Tuesday	5:30-6:15pm	10	\$49	Apr 14	TBA
Dance Fit	Tuesday	6:15-7:15pm	10	\$49	Apr 14	TBA
Body Bar Pump *NEW*	Thursday	6:30-7:30pm	10	\$61	Apr 16	TBA
Cardio/Strengthening	Friday	10-11am	10	\$49	Apr 17	TBA
Cardio and Core	Saturday	9-10am	7	\$43	Apr 11	05/9, 05/23, 06/06

Yogalates

<u>Age Group</u>	<u>Day</u>	<u>Time</u>	<u># of weeks</u>	<u>Price</u>	<u>Start Date</u>	<u>Dates Excluded</u>
Adult	Wednesday	12-1pm	10	\$61	Apr 15	TBA

Yoga

<u>Age Group</u>	<u>Day</u>	<u>Time</u>	<u># of weeks</u>	<u>Price</u>	<u>Start Date</u>	<u>Dates Excluded</u>
Adult/Hatha	Monday	12-1pm	9	\$55	Apr 13	May 18/TBA
	Tuesday	7:15-8:15pm	10	\$61	Apr 14	TBA
	Friday	11am-12pm	10	\$61	Apr 17	TBA

Yogafit

<u>Age Group</u>	<u>Day</u>	<u>Time</u>	<u># of weeks</u>	<u>Price</u>	<u>Start Date</u>	<u>Dates Excluded</u>
Adult	Thursday	5:30-6:30pm	10	\$61	Apr 16	TBA

CoreYoga

<u>Age Group</u>	<u>Day</u>	<u>Time</u>	<u># of weeks</u>	<u>Price</u>	<u>Start Date</u>	<u>Dates Excluded</u>
Adult	Monday	8-9pm	9	\$55	Apr 20	May 18

Chair Yoga

<u>Age Group</u>	<u>Day</u>	<u>Time</u>	<u># of weeks</u>	<u>Price</u>	<u>Start Date</u>	<u>Dates Excluded</u>
Adult	Wednesday	11am-12pm	10	\$61	Apr 15	TBA

Family Yoga - *NEW*

<u>Age Group</u>	<u>Day</u>	<u>Time</u>	<u># of weeks</u>	<u>Price</u>	<u>Start Date</u>	<u>Dates Excluded</u>
Adult/Children 6-13yrs	Saturday	10-11am	7	\$28	Apr 11	05/9, 05/23, 06/06



Art Program – ‘Shorelines Project’ – Hosted at Prospect Road Community Centre

Register now for any one of these month-long, FREE, themed sessions taking place in April and May on Monday evenings from 5:30-7:00pm. Individuals of all ages – youth (8+) to adult – and families are welcome to register for one month at a time! Note: Children between the ages of 8-12 must be accompanied by an adult. To register or for more information, email: Shorelinesprojectprcc@gmail.com or visit: <http://shorelines.prospectcommunities.com>

<p>April: The Beach Session dates: Apr. 13; Apr. 20; Apr. 27; May 4 In this month you will learn about the tradition of local folk artists such as Joe Norris, from the Curator of the Art Gallery of Nova Scotia, David Diviney (Prospect) and create an artwork inspired by our local folk artists. You will visit artist Lynette Richard's (Terence Bay) studio where she will guide you in creating small glass-based artworks that will be incorporated into a hanging sculpture. Within this month you will learn about animation by creating a sand animation with found objects collected from a walk on the beach with an animator. Special OPEN Sunday event TBA.</p>	<p>May: Water Session dates: May 11; May 25; Jun. 1; Jun 8 In this month you will partner with East Coast Outfitters and in particular their "Sea-cology by Kayak" program to learn from scientists about the marine environment. Following your kayak trip you will be inspired by the sea to create small sculptures in clay. We will partner with 'Off the Hook Fisheries' for a fishing expedition and turn your fishing lures into jewelry with a local jeweler. Using water as inspiration, you will record environmental sound to create a layered sound composition, and participate in an experimental music 'jam' with found and created instruments. Special OPEN Sunday event TBA.</p>
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Specialty Programs

<p>Mom and Me – Fitness Program for Mom + Baby!! This post-natal workout designed for new moms has a relaxed atmosphere that gives you the social outlet for you and your baby along with the workout you need and nutrition chats to help you feel like you again. A go-at-your-own-pace workout, tend to your baby when needed. Best age for baby – 6 months to 2 years Tuesday – 9:30-10:30am 6 weeks @ \$65 Continues April 14, 2015</p>	<p>Senior Lunch & Learn Join us for this unique program which includes light exercise, a nutritional lunch and computer/gadget help all while having fun and socializing! Supported by Chebucto West Community Health Board. 11am-12pm – Physical Activity (varies from week-to-week) 12pm – Lunch – payment by donation 12:30-2pm – Technology help – bring your gadgets! <u>Spring Lunch & Learn Dates:</u> April 9 & 23 May 7 & 21 June 4 & 18</p>
<p>First Aid Course Emergency First Aid and CPR Level C + AED <u>Date:</u> May 31, 2015 <u>Time:</u> 9am-5pm <u>Price:</u> \$77 per person 30 minute lunch break + 2 – 15 minute breaks You must bring your own lunch and snacks Register at PRCC Front Desk by May 22, 2015</p>	<p>Babysitting Course 11yrs+ BLAST – Babysitting Lessons And Safety Training <u>Date:</u> June 14, 2015 <u>Time:</u> 9am-5pm <u>Price:</u> \$46 per person You must bring your own lunch and snacks (beware of food allergies) Register at PRCC Front Desk by June 5, 2015</p>
<p>Parent/Tot Playgroup Open to children up to 5yrs and their parents, this drop-in program will promote socialization, connectivity and physical activity for parents and their little ones. Drop-in, bring a snack and your toys and come together! Tuesdays – 1-2pm \$3.00 per family Begins April 14, 2015</p>	<p>FREE Craving Change 4-Week Program Would you like to know why you eat the way you do? How to comfort yourself without food? Learn some tips to change your thinking to change your eating! Offered in partnership with Chebucto Community Health Team. <u>Date:</u> Thursdays – May 28, June 4, 11, 18 <u>Time:</u> 6-8pm <u>To Register:</u> Call the Chebucto Community Health Team at 902-487-0690 on-line at www.communityhealthteams.ca</p>
<p>Youth Sport Drop In BJHS students are invited to join us for Youth Sport Drop In 5 days a week for FREE! Monday-Friday 2:15-3:15pm</p>	<p>Youth Floor Hockey Drop In Students in Grade 10-12 are invited to come play Floor Hockey for FREE! Fridays – 6:30-8pm *NEW TIME* Some excluded dates apply.</p>

<p style="text-align: center;">Senior Washer Toss Social</p> <p style="text-align: center;">Come out and play indoor washer toss! Play in tournaments or just for fun. Coffee, Tea and Refreshments Available! Spectators Welcome! <u>Spring Washer Toss Dates:</u> April 2, 16 & 30 May 14 & 28 June 11 & 25 1-3pm \$3 per participant!</p>	<p style="text-align: center;">Senior Pickleball Drop-in</p> <p>Pickleball, a racket sport played indoors on a badminton-size court is designed much like tennis but is played at a slower pace with a few differences. Play at your own pace – make your own teams!</p> <p style="text-align: center;">All equipment is provided. Every Thursday – 10-12pm \$3.00 per participant Continues April 2, 2015</p>
<p style="text-align: center;">Book Club</p> <p>Would you like a chance to discuss the books you love to read? Joining a book club is a great way to expand your typical reading boundaries, enjoy interesting conversation and make new friends. The Prospect Road Community Centre Book Club meets on the third Sunday of the month at 7:00pm beginning April 19, 2015</p> <p>For more information call Joy Murdock at 902-850-2519</p>	<p style="text-align: center;">Hobby Night</p> <p>Have you been looking for a place with good lighting, friendly people and lots of space to work on your special project? Whether it's a scrapbook, card making, lesson planning or knitting, PRCC is happy to offer a place to bring your project and work amongst friends. Join others on the first Sunday of each month for Hobby Night!</p> <p style="text-align: center;">Drop-in fee : \$3 – 6-9pm Begins April 12, 2015</p>
<p style="text-align: center;">Teen Dances – Grade 6-9</p> <p>PRCC is happy to be able to offer the youth of our community a social event every month. Mark your calendars!</p> <p style="text-align: center;">April 17, 2015 – 6:30-9:30pm May 22, 2015 – 6:30-9:30pm June 19, 2015 – 6:30-9:30pm</p> <p>Students are required to show Student ID or Health Card as proof of age. These events are chaperoned by adult volunteers from our community!</p>	<p style="text-align: center;">In-service Day Camps at PRCC</p> <p style="text-align: center;"><u>Full Day Camps – 7am-6pm</u> <u>Fee: \$28 per day</u></p> <p style="text-align: center;">Mar 27, Apr 22, May 15 & June 29</p> <p>These camps are open to all students from Grade Primary to Five. Children must bring lunch and 2 snacks.</p>
<p style="text-align: center;">FREE Adult Ed Upgrading/GED Classes</p> <p>The Western HRM Community Learning Network is happy to be offering FREE classes sponsored by the Dept. of Labor and Advanced Education. Classes take place on Tuesday and Thursday mornings from 9-12pm at PRCC – Conference Room. Adults 19 years of age and up have individualized programs developed based on their needs and are taught in a classroom format. Improve reading, writing, math skills or work on getting a GED. Whatever your goals, we are here to help you meet them.</p> <p>For more info call Deborah Ratcliffe @ 225-6320. Registration is on-going.</p>	<p style="text-align: center;">5th Annual Easter Egg Hunt</p> <p>Join us Sunday, March 29, 2015 for an outdoor property-wide Easter egg hunt! We will have our bounce inflatables on-site along with our special guest!</p> <div style="display: flex; justify-content: space-around; align-items: center;">  <div style="text-align: center;"> <p><u>Time: 1pm SHARP!</u> <u>Price: \$5.00 per child</u></p> <p><u>Price includes:</u></p> <ul style="list-style-type: none"> - a bag for egg collecting - treats! - Use of the bounce inflatables </div>  </div> <p>In the event of rain or poor weather conditions, this event will be cancelled.</p>

Bounce Inflatable Birthday Parties!

**** All pricing includes your basic price option, and any add-ons are additional to the initial price.**

Castle Options	Basic Includes: 1 hour w/castle – 2 hours party room	Basic + Includes all basic items & 1 extra hour w/castle	Basic ++ Includes all basic + items & 1 extra hour party room	Use of equipment room Without Staff	Use of equipment room With staff – 1 hour	Use of equipment room With staff – 2 hours
1 castle – Basic Bouncer	\$250	\$100	\$120	\$30	\$45	\$60
1 castle – Slide Bouncer	\$325	\$120	\$140	\$30	\$45	\$60
2 castles Slide + Bouncer	\$475	\$120	\$140			

Questions? Want to book a party?

Contact Jessica - 852-2711 or jessica@prospectcommunities.com

****Other Birthday Party options available – see website for full details****

Room Rentals Available!

PRCC has many different rooms available to rent by the hour for any sort of event, program or meeting.
Prices displayed are effective April 1st 2015.
Wedding and Special Event packages also available! More information is available online.

Room	½ Room/hour	Full Room/hour
Meeting Room	\$12.00	\$18.00
Kitchen (without use of Centre supplies)	N/A	\$41.00
Multi-purpose	\$22.00	\$40.00
Gym – with equip.	\$26.00	\$45.00
Gym – w/o equip.	\$23.00	\$42.00
Art Room	N/A	\$18.00

**** Non-Prime time Gymnasium Rentals – Effective**

immediately, PRCC will offer a non-prime time rate for gymnasium rentals between 8:30am-1pm Monday-Friday: ½ gym - \$17 per hour OR full gym - \$29 per hour. All rentals are subject to availability.

Before and After School Program

This program is open to all children in Grade Primary to Five. Transportation is provided for students attending Prospect Road Elementary and children attending school within the Conseil Scolaire Acadien Provincial for both our Before and After School program. Transportation is provided for students attending Atlantic Memorial Terence Bay School for our After School program.

Hours:

Before School: 7am – 8:30am (children are escorted to school by program instructors via Prospect Recreation Connector Trail or by bus for those students attending school within the Conseil Scolaire Acadien Provincial)

After School: 2:30-6pm (children are picked up at appropriate dismissal time and escorted to PRCC by program instructors via Prospect Recreation Connector Trail or dropped off by bus for those students attending Atlantic Memorial Terence Bay School or school within the Conseil Scolaire Acadien Provincial)

Fees for 2015/2016:

- 1 child – Before Only - \$85.00/month
- 1 child – Afternoon Only - \$230.00/month
- 1 child – Before and After - \$297.00/month

**** Multiple children and part-time pricing available****

Registration for 2015-2016:

For children new to the program: begins on May 1st at 9am

Preschool Program

This program is open to children ages 3-5yrs who are fully potty-trained. Children will enjoy a structured play environment which will include learning opportunities that will prepare children for Elementary School. Program runs from September – June.

Hours/Days:

Tuesday AND Thursday
OR
Wednesday AND Friday
9am-12pm

Fee for 2015/2016:

\$97.00/month (2 days per week)

Registration for 2015-2016:

Registration for children new to this program will begin on May 1st at 9am – Space is limited.

Donor Recognition Sculpture

A 1,000 lb, forged iron sculpture by local master blacksmith John Little has been placed in PRCC's "main street" area for everyone to see and enjoy. It includes 200 metal nameplates that can be inscribed to recognize your financial generosity. The gift amounts are three-tiered: \$100+, \$500+ and \$1,000.

Pledge forms can be picked up at the PRCC Front Desk.

Your gifts support our activities for the community.

General Policies and Procedures

Payment

- Payment is due upon registration for any program or upon booking for room rentals.
- Payment via credit card is required for all registrations made over the phone.
- Cash, cheque, credit and debit will be accepted for any registration completed in person.

Refunds

- In the event that PRCC changes the day/time of any program from the original schedule a full refund or credit on account will be issued should the new day/time no longer suit a registrant's schedule.
- In the event that PRCC cancels a program, a full refund or credit on account will be issued for the full amount paid.
- In the event a program registrant can medically no longer attend a class or program a credit on account will be issued for the remaining number of classes.
- Refunds or credit on accounts will not be issued in the event a program registrant loses interest in the class or program.

For payments made by credit or debit, refunds must be issued to the card that made the original payment. For payments made by cash or cheque, refunds will be issued by cheque within a maximum of 2 weeks of the request for a refund.

Holiday Hours

April 3, 2015 – CLOSED
April 5, 2015 – CLOSED
April 6, 2015 – 8:30-5pm
May 18, 2015 – 8:30-5pm

** Please ensure you check the excluded dates column next to your program.

Comments and Suggestions

PRCC welcomes all comments and suggestions from community members. Do you have a new program you'd like to suggest or teach?

Please contact Jessica – Program Manager
Jessica@prospectcommunities.com

Contact Information

Front Desk – 852-2711

Patricia Ullman – Executive Director
executivedirector@prospectcommunities.com
Jessica Morrissey – Program Manager
Jessica@prospectcommunities.com
Amy Hockin – Finance, Admin & Communications Mgr.
admin@prospectcommunities.com
Jason Bungay – Technology Manager
Jason@prospectcommunities.com
David Thomas – Facility Maintenance Manager
davethomas@prospectcommunities.com

Adult Sport or Fitness Class Drop-in Procedures

If you wish to drop in to one of our many adult sport or fitness classes offered here at PRCC, please see below:

1. Once the class has begun, the instructor/volunteer will take attendance and then announce how many spaces are available for drop-in for that particular session.
2. If you will be filling one of the spaces available, you must then pay our drop-in fee at the front desk. The front desk staff will provide you with a "proof of payment" ticket.
3. Present the "proof of payment" ticket to the instructor/volunteer and have fun!

All drop in spaces will be first come - first served.

It is necessary to respect these rules, as each class has a set maximum for the safety of all participants.

Fees:

- 45 minutes or 1 hour Adult Sport/Fitness Drop-in – \$5
(Dance Fit, Cardio Strengthening, Older Adult Fitness, Cardio&Core, HIIT,)
 - Specialty Fitness/Yoga - \$7
(Yoga, Yogalates, Yogafit, Zumba, CoreYoga, Chair Yoga, Mom and Baby, Body Bar Pump)
- 1.5 hour Adult Sport - \$7

<p style="text-align: center;">Summer Day Camps 2015</p> <p>These day camps will be open to all children in Grade Primary to Five (2014/2015 school year)</p> <p style="text-align: center;">Monday to Friday - 8:30am-4:30pm</p> <p style="text-align: center;">July 2– August 28</p> <p>Children will enjoy many different daily activities including games, sports, crafts, art, outdoor play and much more!</p> <p><u>Things your child will need for camp:</u></p> <ul style="list-style-type: none"> - Lunch and 2 snacks (peanut free) - Water Bottle - Sun Screen - Bathing Suit/Towel (for sprinkler) - Hat - Change of clothes - Sneakers <p style="text-align: center;">Fees:</p> <p style="text-align: center;">\$114 per week</p> <p style="text-align: center;">\$15 for 7-8:30am (Early Drop off)</p> <p style="text-align: center;">\$10 for 7:30-8:30am (Early Drop off)</p> <p style="text-align: center;">\$10 for 4:30-5:30pm (Late Pick up)</p> <p>Each week will have a different theme which will be available online at a later date.</p>	<p style="text-align: center;">Preschool Summer Day Camp 2015</p> <p>These morning camps will be open to all children age 3-5 yrs who are fully potty-trained</p> <p style="text-align: center;">Monday to Friday - 9am-12pm</p> <p style="text-align: center;">July 2 – August 28</p> <p>Children will enjoy many different daily activities including games, sports, crafts, art, outdoor play and much more!</p> <p><u>Things your child will need for camp:</u></p> <ul style="list-style-type: none"> - Snack (peanut free) - Water bottle - Sun Screen - Hat - Change of Clothes - Sneakers <p style="text-align: center;">Fee:</p> <p style="text-align: center;">\$49.00 per week</p> <p>Each week will have a different theme which will be available online at a later date.</p>
<p style="text-align: center;">Speciality Summer Camps 2015</p> <p>Prospect Road Community Centre will be offering Specialty Camps throughout Summer 2015. Details about these camps will be available online at a later date.</p> <p>We will also be offering Summer Programs at the Terence Bay C@P Site! Details about these camps will be available online at a later date.</p> <p>Visit : www.centre.prospectcommunities.com frequently for updates.</p> <p style="text-align: center;"><u>Registration for all Summer Day Camps will begin on May 1st 2015.</u></p>	

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